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Predicting the length of stay of nonsurgical patients

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Abstract

A [length of stay \(LoS\)](#page-3-0) prediction for a patient provides the capacity managers in a hospital an indication how long a bed could be occupied. If it is possible to construct accurate predictions for the [LoS,](#page-3-0) hospitals can better plan and manage their bed occupancy, which can lead to more efficient use of available resources. Eventually, capacity managers are able to anticipate when a bed becomes available again, which could smoothen the patient flow in the hospital. This research focuses on deriving the most determining factors for the [LoS](#page-3-0) and evaluating whether it is possible to predict the [LoS](#page-3-0) of nonsurgical patients. The data used in this research contains the patient admissions of a large hospital organization in the Netherlands. In order to evaluate the predictability of the [LoS,](#page-3-0) several statistical- and machine learning models are applied. The results of this empirical research indicate that the admission type, the assigned specialism, and the number of mutations are important factors for determining the [LoS](#page-3-0) of nonsurgical patients. It is concluded that for a large part of the nonsurgical admissions it is possible to predict the [LoS.](#page-3-0) The machine learning models [Random Forest \(RF\),](#page-4-0) [eXtreme Gradient Boosting \(XGBoost\),](#page-4-1) and [Support Vector Machine](#page-4-2) [\(SVM\)](#page-4-2) are substantially better able to predict the [LoS](#page-3-0) than the considered statistical models. Despite the fact that [SVM](#page-4-2) is the most accurate model in regression, [XGBoost](#page-4-1) is considered to be the most suitable model for a practical application, because the [XGBoost](#page-4-1) model performs similarly to [SVM,](#page-4-2) requires less computation time, and offers more flexibility.

Contents

List of abbreviations

AFT accelerated failure time. [17](#page-17-1)[–19](#page-19-0)

AI artificial intelligence. [10](#page-10-1)

- ANN Artificial Neural Network. [11,](#page-11-0) [21](#page-21-1)
- BGA brief geriatric assessment. [11](#page-11-0)
- BN Bayesian Network. [11](#page-11-0)
- BPTT backpropagation through time. [22](#page-22-0)
- CABG coronary artery bypass graft. [9,](#page-9-1) [10](#page-10-1)
- CDF cumulative distribution function. [17,](#page-17-1) [19](#page-19-0)
- COPD chronic obstructive pulmonary disease. [8,](#page-8-1) [14,](#page-14-0) [15,](#page-15-0) [28,](#page-28-0) [32,](#page-32-0) [51](#page-51-1)
- ED emergency department. [5,](#page-5-1) [8,](#page-8-1) [9](#page-9-1)
- EHR electronic health record. [7,](#page-7-2) [11](#page-11-0)
- GDP Gross Domestic Product. [5](#page-5-1)
- GLM generalized linear model. [10,](#page-10-1) [20,](#page-20-2) [21,](#page-21-1) [33–](#page-33-2)[39](#page-39-0)
- HiX Healthcare information eXchange. [7,](#page-7-2) [17,](#page-17-1) [37,](#page-37-0) [39,](#page-39-0) [42–](#page-42-1)[45,](#page-45-1) [54](#page-54-1)
- ICU intensive care unit. [8,](#page-8-1) [10,](#page-10-1) [14,](#page-14-0) [15,](#page-15-0) [28,](#page-28-0) [32,](#page-32-0) [51](#page-51-1)
- IQR interquartile range. [13](#page-13-1)
- LIME Local Interpretable Model-agnostic Explanations. [11,](#page-11-0) [12,](#page-12-2) [25,](#page-25-2) [26](#page-26-3)
- LoS length of stay. [1,](#page-0-0) [6](#page-6-1)[–21,](#page-21-1) [23–](#page-23-1)[45,](#page-45-1) [50,](#page-50-1) [51,](#page-51-1) [54](#page-54-1)[–56](#page-56-0)
- LSTM Long Short-Term Memory. [22](#page-22-0)
- MAE mean absolute error. [22,](#page-22-0) [25,](#page-25-2) [35,](#page-35-1) [36,](#page-36-0) [38,](#page-38-1) [39,](#page-39-0) [56](#page-56-0)
- MLE maximum likelihood estimation. [19](#page-19-0)
- MLP multilayer perceptron. [11](#page-11-0)
- MSE mean squared error. [22](#page-22-0)
- OLS ordinary least squares. [9,](#page-9-1) [16,](#page-16-2) [28,](#page-28-0) [29](#page-29-1)
- PDF probability density function. [19](#page-19-0)

PH proportional hazards. [10,](#page-10-1) [16–](#page-16-2)[19,](#page-19-0) [29,](#page-29-1) [30,](#page-30-0) [33,](#page-33-2) [50](#page-50-1)

- QP quadratic programming. [22,](#page-22-0) [54](#page-54-1)
- RF Random Forest. [1,](#page-0-0) [11,](#page-11-0) [21,](#page-21-1) [34–](#page-34-0)[40,](#page-40-0) [44,](#page-44-0) [52,](#page-52-0) [54,](#page-54-1) [55](#page-55-1)

RNN Recurrent Neural Network. [21,](#page-21-1) [22,](#page-22-0) [24,](#page-24-0) [34–](#page-34-0)[36,](#page-36-0) [38,](#page-38-1) [39,](#page-39-0) [52,](#page-52-0) [53,](#page-53-0) [55,](#page-55-1) [56](#page-56-0)

SHAP SHapley Additive exPlanations. [11,](#page-11-0) [12,](#page-12-2) [25,](#page-25-2) [26,](#page-26-3) [41,](#page-41-0) [42,](#page-42-1) [44](#page-44-0)

SVM Support Vector Machine. [1,](#page-0-0) [11,](#page-11-0) [21–](#page-21-1)[23,](#page-23-1) [34–](#page-34-0)[40,](#page-40-0) [44,](#page-44-0) [53–](#page-53-0)[55](#page-55-1)

WAPE weighted absolute percentage error. [25,](#page-25-2) [35,](#page-35-1) [36,](#page-36-0) [38,](#page-38-1) [39,](#page-39-0) [56](#page-56-0)

XGBoost eXtreme Gradient Boosting. [1,](#page-0-0) [21,](#page-21-1) [33–](#page-33-2)[42,](#page-42-1) [44,](#page-44-0) [52,](#page-52-0) [54–](#page-54-1)[56](#page-56-0)

Nonsurgical specialisms						
	CAR Cardiology		MDL Gastrointestinal diseases			
	DER Dermatology	$\bf NEU$	Neurology			
	GER Geriatrics	PSY	Psychiatry			
INT	Internal medicine	${\bf REU}$	Rheumatology			
KIN	Pediatrics	REV	Rehabilitation			
LON	Pulmonary medicine					

1 Introduction

The surge of demand for healthcare services together with the increase in expenditures results in added pressure on the hospitals in the Netherlands [\(Hulshof et al., 2012\)](#page-47-0). In total, there were 2.8 million patient admissions in the Netherlands in 2021 [\(CBS, 2023a\)](#page-46-0). Due to the aging of the population, the demand for healthcare is increasing strongly [\(Rijksoverheid, 2023\)](#page-48-0). In 2022, the total costs of health and welfare in the Netherlands were equal to 126.2 billion euros [\(CBS,](#page-46-1) [2023b\)](#page-46-1). This came down to 13.2% of the Dutch [Gross Domestic Product \(GDP\).](#page-3-1) It is expected that the costs of health and welfare keep increasing and that the total costs will cover more than 18% of the Dutch [GDP](#page-3-1) in 2060 [\(Aalbers & Roos, 2022\)](#page-45-2).

To improve patient care and limit operational costs, an efficient occupancy of the admission ward is crucial for hospitals. For patient admissions, a distinction can be made between elective and emergency admissions. These patient admissions are assigned to a surgical or a nonsurgical ward, which also makes it possible to differentiate between surgical and nonsurgical admissions, respectively.

The elective patients have an appointment with a doctor at the outpatient clinic. During this appointment, the doctor can decide that the patient needs to be admitted to the hospital or requires a surgery. If it is decided that a surgery is required, the patient is put on a waiting list to receive a surgery. Eventually, surgery is scheduled for this patient and the patient will be admitted to a surgical ward on the scheduled date. This admission is considered a surgical admission. For patients belonging to the nonsurgical patient flow, the doctor decides that the patient needs to be admitted to the hospital. Usually, a nonsurgical patient is admitted within a few days or weeks and gets assigned to a nonsurgical ward.

An emergency patient comes in through the [emergency department \(ED\),](#page-3-2) where a doctor can decide that the patient needs to be admitted or requires a surgery. In case of an emergency patient, the admission process is similar for both the surgical and nonsurgical patient flow. In large hospitals, the admitted patient goes to the acute admission ward, where the patient usually stays a maximum of 48 hours. If it turns out that the patient needs to stay longer than these 48 hours, the patient is admitted to another ward. This can be either a surgical or a nonsurgical ward depending on the fact whether a surgery is required. The admission process described above does not apply to smaller hospitals, because these hospitals generally do not have an acute admission ward. In these smaller hospitals, the patient is assigned directly to the appropriate ward. In addition, for nonsurgical emergency admissions in larger hospitals, it is not strictly necessary that the patient is first admitted to the acute admission ward and the patient could thus be assigned directly to a nonsurgical ward. It should be noted that unplanned admissions that unexpectedly require surgery after being assigned to a nonsurgical ward still belong to the nonsurgical patient flow.

It is clear that nonsurgical admissions consist of admissions that initially do not require surgery. The nonsurgical patient flow is an important component in healthcare, and it includes the following specialisms: cardiology (CAR), dermatology (DER), geriatrics (GER), internal medicine (INT), pediatrics (KIN), pulmonary medicine (LON), gastrointestinal diseases (MDL), neurology (NEU), psychiatry (PSY), rheumatology (REU), and rehabilitation (REV). The nonsurgical admissions are an unpredictable element in capacity management, because these admissions often arise from emergency situations. Scheduled nonsurgical admissions are usually planned at short notice, which makes it important to have an idea when a bed could become available. In addition, it is difficult to estimate how long a nonsurgical patient needs to stay in the hospital, because the patient's condition is not always clear at time of admission. Hence, gaining insight into the [length of stay \(LoS\)](#page-3-0) of nonsurgical patients is interesting, as it could eventually help optimize bed occupancy and streamline patient flow.

1.1 Aim of the research

This research focuses on analyzing and predicting the [LoS](#page-3-0) of nonsurgical patients. In general, the [LoS](#page-3-0) refers to the amount of time the patient stays in a hospital during a single admission [\(Huntley et al., 1998\)](#page-47-1). This research considers the [LoS](#page-3-0) as the number of hours that a patient who is allocated to a bed stays in a hospital during an admission. The aim of this research is to answer the following central research question:

"Is it possible to predict a nonsurgical patient's length of stay, and which of the considered predictive models is the most accurate?"

In order to determine whether it is possible to predict the [LoS,](#page-3-0) several statistical models and machine learning techniques are considered. In addition to determining the most accurate predictive model, the suitability of the model for an application in healthcare is taken into account. Although a machine learning model may be able to achieve higher accuracy, a regression model is often preferred in healthcare. This is due to the straightforward interpretation of the coefficients, making it understandable how the prediction is made. This research evaluates whether the possible increase in accuracy due to the use of a machine learning model is substantial, such that a machine learning model could be preferred over a statistical model despite the fact that machine learning models generally lack interpretability.

During this research it is evaluated how the predictable and unpredictable components of the [LoS](#page-3-0) can be distinguished. Certain factors that can cause a longer [LoS](#page-3-0) only become known during the admission, e.g. a complication that occurs or a change in diagnosis. However, these factors cannot be included in a prediction framework for determining the expected [LoS](#page-3-0) in advance. Hence, this research determines which possible factors are known at time of admission that can possibly explain the [LoS](#page-3-0) and which of these variables are the most important for constructing a prediction. By considering various possible explanatory variables, insight is offered into how these variables influence the [LoS,](#page-3-0) making it clear which variables should be included in a predictive model.

In order to assess the reliability of the [LoS](#page-3-0) predictions, the predictive power of the models is evaluated based on several performance measures. In this research, predicting the [LoS](#page-3-0) is both considered as a classification problem and a regression problem. It is evaluated how accurately the different models can classify the [LoS](#page-3-0) in short, medium, and long [LoS.](#page-3-0) This way, it is examined whether it is possible to provide a 'rough' estimate for the [LoS](#page-3-0) with high accuracy. When considering [LoS](#page-3-0) as a regression problem, the deviation from the actual [LoS](#page-3-0) is determined. If hospitals choose to use exact predictions, an insight is provided in what the possible deviation from the actual [LoS](#page-3-0) could be.

1.2 Relevance and structure of the research

This research is commissioned by ChipSoft, which is a company that develops innovative healthcare IT. The software provided by ChipSoft, called [Healthcare information eXchange \(HiX\),](#page-3-3) is suitable for different types of healthcare institutions and manages patient-oriented treatmentand registration procedures. Since 2018 ChipSoft is the Dutch market leader in providing [elec](#page-3-4)[tronic health records \(EHRs\)](#page-3-4) [\(Medisch Contact, 2018\)](#page-48-1), and in 2021 already 70% of the hospitals in the Netherlands was using [HiX](#page-3-3) [\(M&I/Partners, 2021\)](#page-48-2). The insights of this research are relevant for ChipSoft, because if it turns out that it is possible to predict the [LoS,](#page-3-0) it gives ChipSoft the possibility to incorporate a prediction framework into their software. This allows ChipSoft to advise on the expected [LoS,](#page-3-0) which could make it easier for hospitals to manage capacity.

The findings of this research are also of great importance for hospitals. By gaining insight into the expected [LoS,](#page-3-0) hospitals can better plan and manage their bed occupancy. This enables them to make more efficient use of available resources, such as nurses and medical equipment, resulting in better utilization of available capacity. If capacity managers of the hospital are provided with an indication of the possible [LoS,](#page-3-0) they are able to anticipate when a bed becomes approximately available again. This could smoothen the patient flow in the hospital, as patients are eventually admitted to the appropriate department more quickly. This could reduce waiting times and improve the quality of care.

Besides, predicting the [LoS](#page-3-0) can also contribute to improved patient care and a better hospital experience of the patient. By setting realistic expectations about the length of hospital stay, patients and their families are able to prepare better for the recovery process and become more involved in treatment planning.

By evaluating whether it is possible to predict the [LoS](#page-3-0) of the nonsurgical patient flow, this research contributes to existing literature. Until now, the [LoS](#page-3-0) was often predicted for one specialism only (see e.g. [Alsinglawi et al. \(2022\)](#page-45-3), [Daghistani et al. \(2019\)](#page-46-2), and [Launay et al.](#page-47-2) [\(2015\)](#page-47-2)). This research differentiates from earlier research by considering a whole patient flow. Especially, the [LoS](#page-3-0) of nonsurgical patients is predicted, which to our knowledge has not been done before.

The remainder of this research is structured as follows. First, in Section [2](#page-7-1) relevant findings of earlier research are discussed. Subsequently, Section [3](#page-12-0) describes the data and provides an initial analysis of the [LoS.](#page-3-0) An extensive description of the applied methods is provided in Section [4.](#page-16-0) Then, Section [5](#page-26-0) discusses the results. Section [6](#page-43-0) concludes with the most important findings and some suggestions for future research.

2 Literature Review

In this section relevant findings of earlier research are discussed, which could corroborate the choices and considerations of this research. First, in Section [2.1](#page-8-0) determining factors of the [LoS](#page-3-0) are mentioned. After that, Section [2.2](#page-9-0) considers statistical models that could explain and/or predict the [LoS.](#page-3-0) Lastly, in Section [2.3](#page-10-0) the application of machine learning in healthcare is discussed.

2.1 Determining factors length of stay

The [LoS](#page-3-0) of a patient can be influenced by various factors. The **diagnosis** can certainly explain a large part of the [LoS,](#page-3-0) because it reflects why the patient has been admitted and it represents the patient's condition. However, at time of admission, the diagnosis has not necessarily been determined yet. In addition, it is possible that no diagnosis is established at all during the admission, because the exact condition of the patient is unclear.

Besides the diagnosis, several other factors that are not yet known at time of admission can describe a large part of the [LoS.](#page-3-0) A change in diagnosis could represent a diagnostic error. [Hautz et al. \(2019\)](#page-46-3) evaluated the effect of such diagnostic discrepancies and concluded that these errors are associated with a longer [LoS.](#page-3-0) In addition, it is possible that there is a change in specialism. Often this means that the patient has been transferred to a higher level of care, e.g. a intra-hospital transfer to the [intensive care unit \(ICU\).](#page-3-5) [Escobar et al. \(2011\)](#page-46-4) found that patients who have been transferred to the [ICU](#page-3-5) have a longer [LoS](#page-3-0) than patients who have not been transferred. Furthermore, [Sykora et al. \(2020\)](#page-49-0) concluded that an early transfer to a higher level of care leads to a significant increase in [LoS.](#page-3-0)

As mentioned earlier in Section [1,](#page-5-0) unplanned admissions that unexpectedly necessitate surgery during the admission process are also classified as nonsurgical admissions. The surgery itself and the possible recovery period take time and therefore affect the [LoS.](#page-3-0) It is also stated by [Aghajani and Kargari \(2016\)](#page-45-4) that the number of surgeries is an important factor in determining the [LoS.](#page-3-0) During a surgery, but also at other moments during a hospital admission, a complication, i.e. an unfavorable result of a disease, health condition, or treatment, can occur. It is found by [McAleese and Odling-Smee \(1994\)](#page-48-3) that complications double the average [LoS.](#page-3-0) The authors calculated a numerical ratio for surgical complications that reflects the severity of the complication and increases the [LoS.](#page-3-0)

It is interesting for hospitals to be able to predict the [LoS](#page-3-0) at time of admission. Consequently, it is not possible to include the variables described above in a prediction framework, because these variables are not yet known at time of admission. However, there are plenty of variables directly available at time of admission and these variables can be of interest in explaining and/or predicting the [LoS.](#page-3-0) For example, at time of admission, the patient gets assigned to a specialism and it is immediately determined whether it is an emergency. [Caetano et al. \(2014\)](#page-46-5) found that the specialism is one of the most influential factors in predicting the [LoS](#page-3-0) of inpatient admissions. It is concluded by [Nippak et al. \(2014\)](#page-48-4) that the time spent in the [ED](#page-3-2) is correlated with the total [LoS](#page-3-0) of a patient. [Liew et al. \(2003\)](#page-47-3) stated that the time spent in the [ED](#page-3-2) can accurately predict the [LoS.](#page-3-0) Hence, the fact that an admission is considered emergency could be an important factor in explaining the [LoS.](#page-3-0)

In addition, a patient's medical history could have an impact on the [LoS.](#page-3-0) [Turgeman et](#page-49-1) [al. \(2017\)](#page-49-1) found that the [LoS](#page-3-0) depends on the number of previous admissions, the time that has elapsed since the last discharge, and the total [LoS](#page-3-0) of the previous admissions added together. It is studied by [Wang et al. \(2014\)](#page-49-2) which factors cause a prolonged [LoS](#page-3-0) after acute exacerbation of [chronic obstructive pulmonary disease \(COPD\).](#page-3-6) They found that having a previous diagnosis related to [COPD](#page-3-6) in the past 12 months was significantly associated with a [LoS](#page-3-0) of more than 11 days. Moreover, having one or more comorbidities, e.g. heart failure,

cardiac arrhythmias, or diabetes, also had a significant effect on having a [LoS](#page-3-0) of more than 11 days [\(Wang et al., 2014\)](#page-49-2).

The **date and time of admission** are not directly related to the patient, but nevertheless have a major impact on the [LoS.](#page-3-0) [Earnest et al. \(2006\)](#page-46-6) found that patients who are admitted during weekends, during holidays, and after office hours have a longer [LoS](#page-3-0) in general. In addition, [Ryan et al. \(2010\)](#page-48-5) observed that patients who are admitted during the weekend faced longer waiting times until they received their medical procedures. This directly leads to a longer [LoS,](#page-3-0) because it takes more time before the treatment actually starts.

2.2 Modelling length of stay

By modelling the relationship between [LoS](#page-3-0) and other variables the determining factors of the [LoS](#page-3-0) can be derived. The most widely studied technique to model the relationship between two or more variables is linear regression. To estimate the linear relationship between the variables, the method of [ordinary least squares \(OLS\)](#page-3-7) can be used. If the normality assumptions hold, the [OLS](#page-3-7) estimator is the best linear unbiased estimator [\(Heij, 2004\)](#page-47-4). However, the estimated coefficients are biased and inconsistent if these assumptions are violated [\(Heij, 2004\)](#page-47-4).

It is probable that the [LoS](#page-3-0) data does not satisfy the normality assumptions. [LoS](#page-3-0) data in hospitals often exhibits a right-skewed distribution, because a small number of patients require a significantly longer stay compared to the majority of admitted patients [\(Harerimana et al.,](#page-46-7) [2021;](#page-46-7) [Ma et al., 2020\)](#page-48-6). Factors such as severe illnesses, complications, or the need for extensive treatment can contribute to a longer [LoS,](#page-3-0) which creates a skewed distribution where the mean is inflated due to the presence of these outliers. As a result, the [OLS](#page-3-7) method becomes inconsistent and provides biased coefficient estimates. This encourages to apply a different model and use a different estimation method.

Despite the fact that the normality assumptions probably do not hold, [Yoon et al. \(2003\)](#page-49-3) applied a linear regression model to derive the determining factors for the [LoS](#page-3-0) of patients admitted to the [ED.](#page-3-2) Although the model identified determining factors of the [LoS](#page-3-0) and there was no significant evidence of multicollinearity, the R^2 value of 0.384 suggested that other unconsidered factors may explain a large part of the variability in [LoS.](#page-3-0) Moreover, [Austin et al. \(2002\)](#page-45-5) used a linear regression model to determine the relationship between patient characteristics and [LoS.](#page-3-0) In their research, the performance of the linear regression model is compared to several other statistical strategies for analyzing the [LoS](#page-3-0) of patients undergoing [coronary artery bypass graft](#page-3-8) [\(CABG\)](#page-3-8) surgeries. The main goal of [Austin et al. \(2002\)](#page-45-5) was to illustrate that the significance of the association between [LoS](#page-3-0) and patient characteristics depends on the chosen statistical model. However, the presence of heteroscedasticity and the non-normality of the error term made it difficult to draw conclusions about the coefficient estimates in the linear model. In addition, this also raised the question whether linear regression is suitable for explaining the relationship between [LoS](#page-3-0) and patient characteristics.

[LoS](#page-3-0) refers to the *duration* of a patient hospitalization, i.e. time between consecutive admission and discharge times over a given time period. A duration model, which is part of survival analysis, can be used to analyze the expected duration of time until an event occurs [\(Heij, 2004\)](#page-47-4). In case of modelling the [LoS,](#page-3-0) the event represents the moment of discharge from the hospital. In a duration model, the distribution of the baseline hazard rate can be specified so that the model is able to control skewed data. Moreover, duration models are capable of incorporating censored data. These censored observations are valuable, because the fact that they passed a specific duration without encountering an event holds meaningful information [\(Heij, 2004\)](#page-47-4).

[Ravangard et al. \(2011\)](#page-48-7) applied duration models to determine the factors influencing the [LoS](#page-3-0) of patients in a women hospital in Iran. In their research, several duration models assuming different distributions for the hazard rate and Cox's [proportional hazards \(PH\)](#page-4-3) model [\(Cox,](#page-46-8) [1972\)](#page-46-8) were compared. They found that the parametric model assuming the gamma distribution provided the best fit for modelling the [LoS.](#page-3-0) Additionally, the proportional hazards assumption of Cox's [PH](#page-4-3) model was violated, as a result of which the results of Cox's [PH](#page-4-3) model were unreliable and parametric models should have been preferred. Cox's [PH](#page-4-3) model is also used by [Austin et](#page-45-5) [al. \(2002\)](#page-45-5). Despite the fact that the coefficients estimated by Cox's [PH](#page-4-3) model corresponded to the coefficients of the [generalized linear models \(GLMs\),](#page-3-9) Cox's [PH](#page-4-3) model poorly predicted the [LoS](#page-3-0) compared to the other models.

[GLMs](#page-3-9) expand upon the traditional linear model framework [\(McCullagh, 2019\)](#page-48-8). These [GLMs](#page-3-9) provide flexibility in modeling various types of dependent variables by allowing different specifications for the distribution of the dependent variable. As mentioned earlier, the [LoS](#page-3-0) data is probably right-skewed and therefore almost certainly does not follow a normal distribution. As a result, it is highly probable that a [GLM](#page-3-9) provides a better fit than the standard linear model.

Besides linear models and Cox's [PH](#page-4-3) model, [Austin et al. \(2002\)](#page-45-5) applied [GLMs](#page-3-9) with a logarithmic link function and Poisson, negative binomial, and gamma distributions. They stated that an analyst should be encouraged to examine different modelling frameworks to determine which model provides the best fit and has its assumptions satisfied. In their research, it is concluded that [GLMs](#page-3-9) with a logarithmic link function should be seriously considered for [LoS](#page-3-0) predictions of [CABG](#page-3-8) surgery patients. [Verburg et al. \(2014\)](#page-49-4) compared the predictive performance of different statistical models, which included [GLMs](#page-3-9) with a logarithmic link function and Gaussian, Poisson, negative binomial, and gamma distributions. Despite the fact that [GLMs](#page-3-9) with a logarithmic link function were slightly better able to predict untransformed [ICU](#page-3-5) [LoS](#page-3-0) than the other models, all models considered by [Verburg et al. \(2014\)](#page-49-4) performed poorly. As a result, it is concluded by [Verburg et al. \(2014\)](#page-49-4) that their considered models are unsuitable to predict the [LoS](#page-3-0) of [ICUs](#page-3-5) and that the models should not be utilized for designing policies regarding unplanned [ICU](#page-3-5) admissions.

2.3 Machine learning in healthcare

Machine learning is a subfield of [artificial intelligence \(AI\)](#page-3-10) that focuses on the development of algorithms and models allowing computers to learn from data and make predictions or decisions without being explicitly programmed for each task [\(Samuel, 1959\)](#page-48-9). Despite the skepticism about the practical application of machine learning in healthcare and the fact that the results are difficult to interpret, the use of machine learning approaches in healthcare increases substantially [\(Habehh & Gohel, 2021\)](#page-46-9). Machine learning can be applied in various ways in healthcare. For example, [Escobar et al. \(2016\)](#page-46-10) used machine learning to identify patients with a higher risk of being transferred to the [ICU.](#page-3-5) Furthermore, [Ardila et al. \(2019\)](#page-45-6) applied machine learning

techniques in order to detect potential early signs of lung cancer.

Besides these applications of machine learning in healthcare, a lot of research has been conducted on predicting the [LoS](#page-3-0) among patients. A distinction can be made between studies examining patient populations belonging to a specific specialism, e.g. cardiology, geriatrics, or oncology, and studies including all patients admissions at a hospital.

[Daghistani et al. \(2019\)](#page-46-2) evaluated several machine learning models for predicting the [LoS](#page-3-0) among cardiac patients. In their research, [Random Forest \(RF\)](#page-4-0) achieved the highest accuracy and also outperformed all models based on the other performance measures. However, [Daghistani et al. \(2019\)](#page-46-2) emphasize that the data came originated from a single health organization and hence applying the [RF](#page-4-0) model in other health organizations could lead to different results. [Launay et al. \(2015\)](#page-47-2) used [Artificial Neural Networks \(ANNs\)](#page-3-11) to predict the [LoS](#page-3-0) of geriatric patients who have been admitted to the emergency department. They used the 10-item [brief geriatric assessment \(BGA\),](#page-3-12) which is a comprehensive evaluation designed to assess various aspects of an older person's well-being, in order to predict the [LoS](#page-3-0) by using [ANNs.](#page-3-11) [Launay et](#page-47-2) [al. \(2015\)](#page-47-2) concluded that an [ANN](#page-3-11) with a modified [multilayer perceptron \(MLP\)](#page-3-13) is able to accurately predict the [LoS,](#page-3-0) and that the chronic conditions of the patient are the main contributors to the predictive accuracy. In the research of [Alsinglawi et al. \(2022\)](#page-45-3), the [RF](#page-4-0) model achieved the highest accuracy for predicting the [LoS](#page-3-0) of lung cancer patients. [Alsinglawi et al. \(2022\)](#page-45-3) used the explainable technique [SHapley Additive exPlanations \(SHAP\)](#page-4-4) [\(Lundberg & Lee, 2017\)](#page-47-5) to identify the variables that contributed the most to predicting the [LoS.](#page-3-0)

Contrary to the research described above, [Rajkomar et al. \(2018\)](#page-48-10) considered all patient admissions of two American academic medical centers and constructed a deep learning model to predict the [LoS.](#page-3-0) Their deep learning approach integrates [EHR](#page-3-4) data, and they concluded that their approach creates accurate and scalable predictions. [Steele and Thompson \(2019\)](#page-49-5) considered elective admissions, i.e. an admission where the day and the time is scheduled, and did not focus on a specific specialism. [Caetano et al. \(2014\)](#page-46-5) used all patient admissions of a Portuguese hospital. In their research, several machine learning models were compared based on their predictive performance. The [RF](#page-4-0) model achieved the best values for all considered performance measures. A whole different approach has been implemented by [Azari et al. \(2012\)](#page-45-7). They applied k-means clustering during the training phase to construct training sets from dissimilar clusters. Their results showed that this approach led to a more distinctive set of training rules being selected, which resulted in better predictive performance. In the research of [Azari et al. \(2012\)](#page-45-7), a [Bayesian Network \(BN\)](#page-3-14) and a [Support Vector Machine \(SVM\)](#page-4-2) had the best performance overall.

Hospitals remain reluctant to apply machine learning techniques, because the black box of the models causes uncertainty about the realization of the prediction. Especially in cases regarding clinical decision making, the application of machine learning models is lagging behind, because the consequences of possible misclassifications could be disastrous [\(Mozaffari-Kermani et al.,](#page-48-11) [2014\)](#page-48-11). Statistical models, which are discussed in Section [2.2,](#page-9-0) are often preferred over machine learning models for their interpretation, even though their predictive performance is commonly disappointing. Post-hoc explanation methods, e.g. [Local Interpretable Model-agnostic Explan](#page-3-15)[ations \(LIME\)](#page-3-15) [\(Ribeiro et al., 2016\)](#page-48-12) and [SHAP](#page-4-4) [\(Lundberg & Lee, 2017\)](#page-47-5), make it possible to

extract information about the realization of a prediction by a machine learning model. This way, it becomes more clear how a prediction is constructed by a machine learning model and which variables have had the biggest influence on the prediction. Hence, these explanation methods could be valuable for a hospital wanting to implement machine learning models for prediction, because they open the so-called black box and provide more clarity about the predictions. [LIME](#page-3-15) generates explanations for individual predictions of machine learning models by approximating their behavior locally with interpretable surrogate models [\(Ribeiro et al., 2016\)](#page-48-12). This makes it possible for users to gain understanding about the reasoning behind individual predictions without needing to comprehend the complex processes ongoing within the model. [SHAP](#page-4-4) is a game theoretic approach to determine the relative contribution of each variable to the prediction. It considers all possible combinations of variables and determines each variable its contribution by evaluating how the addition or removal of a particular variable affects the model its prediction when combined with other variables [\(Lundberg & Lee, 2017\)](#page-47-5).

3 Data

This section mentions the data source in Section [3.1](#page-12-1) and discusses the descriptive statistics in Section [3.2.](#page-13-0)

3.1 Data source

The data that is used in this research is obtained from a large hospital organization in the Netherlands. The data contains all patient admissions over the period from 01-01-2016 until 27-02-2020. Each observation in the data corresponds to a mutation, which is a change in the admission. Such changes occur when e.g. a patient is transferred to another bed. In total, these mutations correspond to 433069 patient admissions. These admissions do not represent unique patients. The data covers a period of more than four years, hence it occurs that certain patients are admitted multiple times during this time period.

This research focuses on the admissions of nonsurgical patients, which are admitted patients without a planned operation. This means that it is not necessarily the case that a nonsurgical admission is not planned, because a patient can have a planned admission for treatment that does not require a surgery. In total, the data contains 279616 admissions belonging to the nonsurgical patient flow, which is approximately 65% of all patient admissions. This research only takes into account the nonsurgical admissions that are allocated to a bed, and thus not nonsurgical admissions that are allocated to e.g. a chair. For hospitals, it is especially interesting to gain insight into the expected time a patient takes up a bed. If hospitals are able to predict how long a bed is occupied, they can take this into account when scheduling and/or admitting a new patient. First, the admissions for which it is known that the patient is allocated to a chair are removed from the data. For the remaining admissions, it is assumed that the patient needs to have a [LoS](#page-3-0) of at least an hour to have been actually allocated to a bed. This assumption is necessary, because the bed type was not clear for each patient. This assumption also applies to patients for whom it is indicated that they are assigned to a bed, because it is unlikely that a patient occupying a bed will have a [LoS](#page-3-0) shorter than one hour. In total, presumably 211591 of the 279616 patients belonging to the nonsurgical patient flow have been allocated to a bed, and are therefore considered in this research.

3.2 Descriptive statistics

Table [1](#page-13-2) presents statistics regarding the [LoS](#page-3-0) per nonsurgical specialism. It can be seen that there are substantially less patient admissions belonging to the specialisms dermatology (DER), psychiatry (PSY), and rehabilitation (REV) than admissions belonging to the other specialisms. Most of the nonsurgical patient admissions belong to the internal medicine (INT) specialism. Psychiatry has the highest average [LoS](#page-3-0) among all specialisms. However, the mean [LoS](#page-3-0) of the psychiatry specialism is heavily influenced by outliers as the median of this specialism is much lower. For almost all specialisms the mean [LoS](#page-3-0) strongly deviates from the median [LoS,](#page-3-0) which indicates that the [LoS](#page-3-0) data of these specialisms contains outliers. Only the specialisms dermatology and rehabilitation have a mean [LoS](#page-3-0) similar to the median [LoS.](#page-3-0)

A large standard deviation indicates the degree of dispersion in the data by indicating how much the observed values deviate from the mean. Table [1](#page-13-2) shows that almost all specialisms have large standard deviations. This indicates again that the [LoS](#page-3-0) data contains outliers. The psychiatry specialism has the largest standard deviation. The [interquartile range \(IQR\)](#page-3-16) is a measure of spread for the middle half of the data as it is the difference between the first quartile (25th percentile) and third quartile (75th percentile). It is striking that the psychiatry specialism has a relatively small [IQR.](#page-3-16) This shows that the middle 50% of the [LoS](#page-3-0) data of patient admissions belonging to the psychiatry specialism is relatively densely spread around the median.

It stands out that the minimum [LoS](#page-3-0) of almost all specialisms is equal to one hour. This is not surprising, because it is stated in Section [3.1](#page-12-1) that it is assumed that a patient needs to have a [LoS](#page-3-0) of at least an hour to have been allocated to a bed. The high maximum values also suggest that outliers are present in the data. The highest maximum is attained by the psychiatry specialism with a maximum equal to 5063.65 hours, which is approximately 211 days.

		LoS (hours)					
Specialism	# Observations	Mean	Median	St. dev.	IQR	Min.	Max.
CAR	47761	37.89	7.15	80.63	25.50	1.00	1870.53
DER.	7	52.71	46.45	58.61	81.79	1.40	141.90
GER	3311	137.47	45.80	194.65	202.25	1.00	2148.87
INT	58700	38.35	4.00	99.19	16.87	1.00	2662.87
KIN	16073	60.14	22.57	127.21	55.00	1.00	2619.20
LON	22830	62.40	8.53	111.46	86.39	1.00	2876.93
MDL	43736	19.97	2.48	64.09	1.20	1.00	3057.17
NEU	14760	76.62	27.03	125.18	68.71	1.00	3940.32
PSY	672	189.00	3.74	627.50	1.60	1.75	5063.65
REU	3687	4.89	2.50	17.66	1.20	1.00	365.42
REV	54	4.80	4.83	1.22	1.30	2.02	8.28

Table 1: Length of stay [\(LoS\)](#page-3-0) statistics per nonsurgical specialism.

Note. [IQR](#page-3-16) refers to the interquartile range.

Table [2](#page-15-1) shows the descriptive statistics of the explanatory variables considered in this research. This table contains both variables known at time of admission and variables that become known during the admission. The variables that become known during the admission, cannot be included in a prediction framework, but could explain part of the [LoS.](#page-3-0) All variables are included in the descriptive models that are used to derive the determining factors of the [LoS.](#page-3-0) In the predictive models, however, only the variables known at time of admission and the assigned specialism are included. Besides presenting the descriptive statistics for each variable over all nonsurgical patients, Table [2](#page-15-1) also shows the descriptive statistics for the different [LoS](#page-3-0) classes. By also showing the descriptive statistics per class, it is possible to compare the values for the explanatory variables across the [LoS](#page-3-0) classifications and evaluate whether these values differ. In this research the admissions are divided into the following three classes: short LoS ($\lt 12$ hours), medium [LoS](#page-3-0) (12 hours \leq [LoS](#page-3-0) \leq 96 hours), and long LoS ($>$ 96 hours). In the remainder of this research, the same partition of [LoS](#page-3-0) classes is used.

It directly stands out that the [LoS](#page-3-0) of nonsurgical patients is most often shorter than 12 hours, as 62.08% of the observations belongs to the short [LoS](#page-3-0) class. The medium and long [LoS](#page-3-0) classes contain 25.12% and 12.80% of all nonsurgical patient admissions, respectively. The average age of patients having a [LoS](#page-3-0) longer than 4 days is substantially higher than the age of the patients belonging to the other classes. Nonsurgical patients with a [LoS](#page-3-0) longer than 12 hours almost always arise from a clinical admission, i.e. an admission where the patient stays a certain period in the hospital for observation, treatment, or recovery. Nonsurgical admissions with a short [LoS](#page-3-0) are most often of the day admission type, which is understandable as day admissions generally take less than a day. Almost all observational and polyclinical admissions, i.e. admissions to observe the patient's condition and admissions for a medical consult or short treatment by a doctor, respectively, have a short [LoS.](#page-3-0)

A longer [LoS](#page-3-0) is often the result of an emergency admission, because the majority of patient admissions belonging to the medium and long [LoS](#page-3-0) classes arise from an emergency situation. In addition, nonsurgical patients with a medium or long [LoS](#page-3-0) are relatively more often admitted during the weekend and/or outside office hours than patients with a short [LoS.](#page-3-0)

It is not immediately possible to deduce whether having a condition considered as a risk factor leads to a longer [LoS.](#page-3-0) Only patients having a long [LoS](#page-3-0) seem to have [COPD](#page-3-6) relatively more often. It is surprising that patients with a short [LoS](#page-3-0) have been admitted more often to the hospital in the past 3, 6, and 12 months than the patients with a medium or long [LoS.](#page-3-0) On the other hand, the average total [LoS](#page-3-0) over the past 3, 6, and 12 months of patients with a medium or long [LoS](#page-3-0) is much higher than for patients with a short [LoS.](#page-3-0) However, it must be noted that it is difficult to draw conclusions about the average total [LoS](#page-3-0) over the past 3, 6, and 12 months, because the standard deviation is very large, which indicates that the total [LoS](#page-3-0) varies greatly among the nonsurgical patient admissions.

During a nonsurgical admission, it is not often the case that surgery turns out to be necessary, as also becomes clear from the average number of surgeries presented in Table [2.](#page-15-1) It does not necessarily seem to be the case that the emergence of a complication leads to a longer [LoS,](#page-3-0) because for all [LoS](#page-3-0) classes the rate for the occurrence of a complication is equal to around 22%. For patients with a long [LoS,](#page-3-0) the number of mutations is higher than for the other classes. It becomes clear that a transfer to an [ICU](#page-3-5) almost never happens during a nonsurgical admission. Besides, the average number of diagnosis changes is also low.

4 Methodology

This section discusses all applied methods. Section [4.1](#page-16-1) starts by describing the models that are used to derive the determining factors of the [LoS.](#page-3-0) After that, Section [4.2](#page-20-0) states the statisticaland machine learning models for which their predictive performance is evaluated.

4.1 Effects on length of stay

To find out the variables influencing the [LoS,](#page-3-0) both linear regression models and duration models are considered. The advantage of linear regression models is the fact that the estimated coefficients are rather straightforward to interpret. In this research, both a standard linear regression model using the [LoS](#page-3-0) as dependent variable, and a linear regression model using the log [LoS](#page-3-0) are applied. The data regarding the [LoS](#page-3-0) is right-skewed, as a result of which the distribution of the residuals does not follow a normal distribution. A log-transformation of the [LoS](#page-3-0) could bring the distribution of the dependent variable closer to a normal distribution. In the standard linear regression model, each coefficient can be interpreted as the change in [LoS](#page-3-0) for a unit increase in the corresponding variable, holding all other explanatory variables constant. If the log [LoS](#page-3-0) is used as dependent variable, each coefficient represents a percentage change in [LoS](#page-3-0) for a unit increase in the corresponding variable, holding all other explanatory variables constant.

In a duration model, the dependent variable is a *duration*, which is a measure for the amount of time until a certain event happens [\(Heij, 2004\)](#page-47-4). The [LoS](#page-3-0) of a patient is a duration, because it measures the time until a certain event happens, namely, discharge from the hospital. Using a duration model could be a more appropriate approach than using a linear model and estimating the effects by the method of [OLS.](#page-3-7) As mentioned earlier, the [LoS](#page-3-0) data is right-skewed. As a result, the assumption of normally distributed error terms is probably violated and the [OLS](#page-3-7) method becomes inconsistent [\(Heij, 2004\)](#page-47-4). Duration models do not assume normality of the error terms and are better suited for the typically skewed distribution of the durations. Especially, Cox's [PH](#page-4-3) model [\(Cox, 1972\)](#page-46-8) allows for more flexibility, as the underlying distribution for the durations can remain unspecified. [LoS](#page-3-0) data is often right censored, because certain patients have been admitted to the hospital but have not yet been discharged. [OLS](#page-3-7) does not account for censored data, which leads to biased estimates and incorrect standard errors [\(Heij, 2004\)](#page-47-4). Duration models, on the other hand, can appropriately handle censored data and eventually provide unbiased estimates.

However, the interpretation of the estimated coefficients by a duration model is a bit cumbersome. In case of Cox's [PH](#page-4-3) model, the exponent of the estimated coefficients represent the effect of an increase in an explanatory variable on the conditional probability of discharge from the hospital. For this model, a positive coefficient means that as the value of an explanatory variable increases, the hazard rate of a patient's [LoS](#page-3-0) increases, which corresponds to an increased probability of discharge from the hospital. Likewise, a negative coefficient indicates that an increase in the explanatory variable has an increasing effect on the [LoS.](#page-3-0) If an underlying distribution is assumed for the durations, the interpretation of the estimated coefficients depends on the functional form and corresponding parameters of the baseline hazard rate function.

Despite the fact that a duration model might be more suitable for modeling the [LoS,](#page-3-0) it is

decided to also present the results of the linear regression models, because the estimated coefficients in these models directly show how the [LoS](#page-3-0) is influenced by a change in the explanatory variables. This is mainly interesting for hospitals, because it provides insight into how a possible change during the admission could affect the [LoS.](#page-3-0) By considering the results of both linear regression models and duration models, an informed decision can be made about which variables are the most determining factors of the [LoS.](#page-3-0) This is mainly important for ChipSoft, because it provides clarity which variables should always be included in a predictive model, if they would decide to implement a prediction framework for the nonsurgical patient flow in [HiX.](#page-3-3)

4.1.1 Length of stay as a duration

In a duration model, the *hazard rate* represents the probability that the duration ends now, conditional on the fact that is has not ended before [\(Kiefer, 1988\)](#page-47-6). Hence in this research, the hazard rate is the chance that a patient gets discharged from the hospital, conditional on the fact that the patient is still staying in the hospital. A high hazard rate means that the patient has a high probability to be discharged from the hospital at that moment in time. The duration model estimates the hazard rate based on the durations $y_1, ..., y_n$, where n is the number of durations in the data. These durations are assumed to follow a distribution with density $f(t)$ and [cumulative distribution function \(CDF\)](#page-3-17) $F(t)$. Assuming that the hazard rate is the same for each individual i, it holds that the hazard rate $\lambda(t)$ and survival function $S(t)$ are given by

$$
\lambda(t) = \lim_{\delta \to 0} \frac{P[t < y_i \le t + \delta | y_i > t]}{\delta}, \text{ and} \tag{1}
$$

$$
S(t) = P[y_i > t] = 1 - F(t),
$$
\n(2)

respectively. Usually, only the hazard rate is estimated, because it is possible to derive the density and survival function from the hazard rate. It holds that

$$
\lambda(t) = \frac{f(t)}{S(t)} = -\frac{d \log(S(t))}{dt},\tag{3}
$$

and therefore it follows that the density and survival function can be obtained by

$$
f(t) = \lambda(t)S(t), \text{ and} \tag{4}
$$

$$
S(t) = e^{-\int_0^t \lambda(s)d(s)}.\tag{5}
$$

Duration model types. It is likely that the hazard rate varies per individual. Namely, the [LoS](#page-3-0) of a patient can be heavily dependent on the patient's individual history. A patient who has spent more time in the hospital in the past and has possibly underlying ailments, is more likely to have a longer [LoS](#page-3-0) and therefore a different hazard rate. The type of the duration model depends on the effect of the explanatory variables on the hazard rate and survival function. A distinction can be made between [PH](#page-4-3) models and [accelerated failure time \(AFT\)](#page-3-18) models.

In a [PH](#page-4-3) model the hazard rate is directly modified as a product of the baseline hazard and the individual specific effect [\(Breslow, 1975\)](#page-45-8). A unit increase in one of the explanatory variables is multiplicative with respect to the hazard rate. In a [PH](#page-4-3) model, the hazard rate corresponding to individual i is expressed as $\lambda_i(t) = g_i \lambda(t)$, where $g_i > 0$ is the individual-specific effect. The survival function corresponding to this hazard rate is defined by $S_i(t) = [S(t)]^{g_i}$. Often $g_i = e^{x_i^t/\beta}$ is used, where x_i represents the explanatory variables corresponding to observation i. This functional form is also used in this research. It follows that the hazard rate $\lambda_i(t)$ of a [PH](#page-4-3) model increases for large values of $x_i^{\prime}\beta$. Besides, the survival function $S_i(t)$ decreases for large values of $x_i' \beta$ if it holds that $0 < S(t) < 1$. This means that larger values of $x_i' \beta$ correspond to shorter durations.

In an [AFT](#page-3-18) model, the explanatory variables accelerate or decelerate the time until discharge [\(Kalbfleisch & Prentice, 2011\)](#page-47-7). This is due to the fact that the time in an [AFT](#page-3-18) model is scaled by the factor $g_i = e^{x_i^t \beta}$. As a result, the survival function becomes $S_i(t) = S(g_i t) = S(e^{x_i^t \beta} t)$. The hazard rate is therefore given by $\lambda_i(t) = g_i \lambda(g_i t) = e^{x_i^t \beta} \lambda(e^{x_i^t \beta} t)$. It follows that if $x_i^t \beta$ is positive, the time until discharge for individual i is effectively reduced (accelerated), leading to a higher hazard rate. Conversely, if $x_i' \beta$ is negative, the time until discharge is prolonged (decelerated), leading to a lower hazard rate.

Baseline hazard rate functions. For the durations several distributions can be assumed, leading to different specifications of the baseline hazard rate $\lambda(t)$. It is possible to leave the specification of the distribution unspecified, which leads to Cox's [PH](#page-4-3) model [\(Cox, 1972\)](#page-46-8). Cox's [PH](#page-4-3) model assumes proportional hazards, i.e. a unit increase in one of the variables has a multiplicative effect with respect to the hazard rate. The Schoenfeld residuals [\(Schoenfeld,](#page-48-13) [1982\)](#page-48-13) are used to test whether the assumption of Cox's [PH](#page-4-3) model holds. If this assumption does not hold, the estimates by Cox's [PH](#page-4-3) model are unreliable, which should make parametric models preferable.

Besides Cox's [PH](#page-4-3) model, the following parametric distributions for the baseline hazard rate are considered: log-normal, log-logistic, exponential, Weibull, and gamma distribution. Table [3](#page-19-1) summarizes the functional forms for the baseline hazard rate when these different distributions are assumed. In addition, the model type corresponding to the parametric distribution is shown.

For the log-normal distribution it holds that the hazard rate increases until some point in time, after which the hazard rate starts to decrease [\(Kurniasari et al., 2019\)](#page-47-8). The log-logistic distribution has a shape similar to the log-normal distribution. For the log-logistic distribution it can be explicitly evaluated that the contribution of a right-censored observation to the likelihood is equal to the value of the survivor function at time of censoring [\(Bennett, 1983\)](#page-45-9). This is not possible for the log-normal distribution and hence the log-logistic is likely to be more suitable for analyzing duration data. The baseline hazard is constant in case the exponential form is used [\(Hosmer & Lemeshow, 1999\)](#page-47-9). This means that the initial probability of discharge is the same for each patient, regardless of the current [LoS.](#page-3-0) Hence, applying the exponential form for the hazard rate may be inappropriate, because the exponential distribution is unable to control data containing both short and long durations [\(Kiefer, 1988\)](#page-47-6). Using the exponential distribution leads to a [PH](#page-4-3) model, because the baseline hazard rate is not affected by a change of explanatory variables. The Weibull distribution is a generalization of the exponential distribution. Namely, the exponential distribution is equivalent to the Weibull distribution if $\alpha = 1$. Hence if it is the case that $\alpha = 1$, using the Weibull distribution leads to a [PH](#page-4-3) model. If $\alpha \neq 1$, the model aligns with the [AFT](#page-3-18) model its flexibility in modelling different times of discharge. The

Weibull distribution is particularly effective modelling monotonic hazard rates, i.e. hazard rates that exponentially increase or decrease over time (Jiang $\&$ Murthy, 2011). The shape of the gamma baseline hazard depends on the shape parameter γ . If $\gamma = 1$, the gamma hazard function corresponds to the constant hazard function of the exponential distribution. If $\gamma > 1$, the hazard function is concave and increasing. For γ < 1, the hazard function is convex and decreasing. In case of the gamma hazard function, $\Gamma_t(\gamma) = \int_0^t x^{\gamma-1} e^{-x} dx$ represents the incomplete gamma function.

Distribution	Baseline hazard rate	Parameter restrictions	Model type
Log-normal		$\sigma > 0$	AFT
Log-logistic	$\overline{\lambda(t)} = \frac{\phi(\log t; \mu, \sigma)}{1 - \Phi(\log t; \mu, \sigma)}$ $\lambda(t) = \frac{\beta/\alpha(t/\alpha)^{\beta - 1}}{1 + (t/\alpha)^{\beta}}$	$\alpha > 0, \beta > 0$	A FT
Exponential	$\lambda(t)=\gamma$		PH
Weibull		$\gamma > 0, \alpha > 0$	AFT/PH
Gamma	$\lambda(t) = \gamma \alpha t^{\alpha - 1}$ $\lambda(t) = \frac{t^{\gamma - 1} e^{-t}}{\Gamma(\gamma) - \Gamma_t(\gamma)}$	$\gamma > 0$	AFT/PH

Table 3: Baseline hazard rate functions when different distributions are assumed.

Note. The expressions ϕ and Φ represent the [probability density function \(PDF\)](#page-3-19) and [cumulative distribution function \(CDF\),](#page-3-17) respectively, of a normal distribution with mean μ and standard deviation σ . [AFT](#page-3-18) refers to [accelerated failure time,](#page-3-18) while [PH](#page-4-3) refers to [proportional hazards.](#page-4-3)

The duration models using various baseline hazard rate functions are compared based on their log-likelihood value. The model achieving the highest log-likelihood value provides the best fit for explaining the [LoS.](#page-3-0) Hence, only the estimates of the best fitting duration model are presented.

Parameter estimation. To estimate the parameters of a duration model, [maximum likeli](#page-3-20)[hood estimation \(MLE\)](#page-3-20) is performed. A distinction is made between observed durations that are finished and durations that are censored. The finished durations represent patients who have been discharged from the hospital, while the censored durations refer to patients who have been admitted but not yet discharged. In the log-likelihood expression, the finished durations are indicated by $z_i = 1$ and the unfinished durations by $z_i = 0$, respectively. It holds that the probability that duration i is not yet finished is equal to $P(z_i = 0) = S_i(y_i)$. The expression $p_i(y_i) = \lambda_i(y_i)S_i(y_i)$ represents the density of the finished durations. It follows that the log-likelihood function is defined by

$$
\log(L) = \sum_{\{i; z_i = 1\}} \log(p_i(y_i)) + \sum_{\{i; z_i = 0\}} \log(S_i(y_i))
$$

=
$$
\sum_{\{i; z_i = 1\}} \log(\lambda_i(y_i)) + \sum_{i=1}^n \log(S_i(y_i))
$$

=
$$
\sum_{\{i; z_i = 1\}} (x_i'\beta + \log(\lambda(y_i))) - \sum_{i=1}^n (e^{x_i'\beta} \int_0^{y_i} \lambda(t)dt).
$$
 (6)

It is used that $S_i(t) = [S(t)]^{e^{x_i'\beta}}$, such that $\log S_i(y_i) = e^{x_i'\beta} \log S(y_i) = e^{x_i'\beta} \int_0^{y_i} \lambda(t) dt$. Note that it is assumed that the n durations are mutually independent.

4.2 Predicting length of stay

In order to evaluate to what extent it is possible to predict a patient's [LoS,](#page-3-0) several regression and machine learning models are considered. This way, it is possible to compare the predictive performance of the different models and conclude which model is the most suitable for an application in healthcare. As it might be difficult to predict the exact [LoS](#page-3-0) of a patient, it is first evaluated whether the different models can accurately classify the admissions in the three [LoS](#page-3-0) classes as introduced in Section [3.2.](#page-13-0) Besides classifying the [LoS](#page-3-0) in the three different classes, the [LoS](#page-3-0) is exactly predicted and the deviation from the actual [LoS](#page-3-0) is examined.

4.2.1 Statistical models

As discussed earlier in Section [4.1,](#page-16-1) this research uses a duration model to derive the determining factors of the [LoS.](#page-3-0) The best fitted duration model is also considered in the prediction framework. In case of the duration model, the [LoS](#page-3-0) is directly predicted. To assess the accuracy of this model for classifying the [LoS,](#page-3-0) it is determined for the predicted [LoS](#page-3-0) which class it would fall into.

In case of classifying the [LoS,](#page-3-0) multinomial logistic regression is considered, while linear regression is applied to directly predict the [LoS.](#page-3-0) Besides using the original [LoS](#page-3-0) as dependent variable, a linear regression on the log-scaled [LoS](#page-3-0) is considered. This ensures that the predicted [LoS](#page-3-0) is non-negative, such that a more realistic prediction can be formed. In addition, this could show how a log-transformation possibly improves the predictive performance. In Section [2.2](#page-9-0) it is already stated that linear models possibly do not provide a good fit for modelling the [LoS.](#page-3-0) However, it is interesting to include these models in the prediction framework as baseline models, so that it is possible to evaluate how the accuracy can increase when different models are applied. The advantage of a linear regression model is that the estimated coefficients are interpretable as the increase in [LoS](#page-3-0) when a given variable increases by one unit. However, as also mentioned in Section [4.1,](#page-16-1) the conclusions drawn from the linear regression model are probably questionable due to the [LoS](#page-3-0) data being skewed and heavily influenced by outliers.

A [GLM](#page-3-9) is a flexible generalization of the linear regression model [\(McCullagh, 2019\)](#page-48-8). In the standard linear regression model, the dependent variable is assumed to be normally distributed. [GLMs](#page-3-9) generalize the linear model by allowing different probability distributions, belonging to the exponential family, for the dependent variable. A so-called link function allows the linear model to be connected to the dependent variable by relating the mean of the dependent variable to the linear combination of explanatory variables. In this research, [GLMs](#page-3-9) with a logarithmic link function and assuming the Poisson and negative binomial distribution are considered. These distributions probably fit the [LoS](#page-3-0) data better. The predictions by a [GLM](#page-3-9) assuming the Poisson or negative binomial distribution are always positive, which probably leads to more realistic predictions than the predictions of the standard linear regression model, because the standard linear regression model can provide negative predicted values for the [LoS.](#page-3-0) In case of the Poisson distribution, the variance of the conditional distribution increases when the mean of the conditional distribution increases, because the variance is equal to its mean. In reality this assumption is often violated, and overdispersion is observed, i.e. the presence of greater variability than would be expected based on the assumed distribution. The negative binomial distribution generalizes the Poisson distribution by incorporating overdispersion. The coefficients estimated by [GLMs](#page-3-9) with a logarithmic link function can be interpreted as the logarithm of the relative change in average [LoS](#page-3-0) when a given predictor variable increases by one unit.

4.2.2 Machine learning models

Besides the statistical models, several machine learning models are considered, so that it can be evaluated to what extent it is possible to predict the [LoS.](#page-3-0) In addition, by evaluating various predictive models it is possible to mutually compare the performance and conclude which model is the most accurate. In this research, [RF,](#page-4-0) [eXtreme Gradient Boosting \(XGBoost\),](#page-4-1) a [Recurrent](#page-4-5) [Neural Network \(RNN\),](#page-4-5) and [SVM](#page-4-2) are considered.

[RF](#page-4-0) [\(Breiman, 2001\)](#page-45-10) is a supervised machine learning method that generates numerous decision trees during the training phase to form an ensemble. During the training phase the general technique of bootstrap aggregating is applied by [RF.](#page-4-0) In this bagging approach, a random sample with replacement of the training set is repeatedly selected and fitted to the decision trees. Using a single training set could result in strongly correlated trees, which leads to a high sensitivity to noise. Bootstrapping de-correlates the trees by showing them different training sets, which leads to better performance, because the variance decreases without an increase in bias. After training, predictions for unseen data can be constructed by taking the average of the predictions from the individual trees. In case of classification, the majority vote of the trees is used. Besides this original bagging procedure for trees, [RF](#page-4-0) uses another bagging scheme that selects a random subset of the variables for each bootstrap sample. Randomly selecting a subset of variables ensures that the trees are uncorrelated in an ordinary bootstrap sample. Namely, if random variable selection is not applied, the variables that are strong predictors of the dependent variable are selected in many trees, which results in correlated trees.

Boosting algorithms try to construct an accurate classifier from multiple weak classifiers. It works by making a series of weak models, each one trying to fix the mistakes of the previous model. This process continues until either all the training data is predicted correctly or the maximum number of models allowed is reached. A widely applied boosting algorithm is the gradient boosting framework by [Friedman \(2001\)](#page-46-11), where each classifier corrects the error of the predecessor. The [XGBoost](#page-4-1) algorithm developed by [Chen and Guestrin \(2016\)](#page-46-12) is an efficient and scalable implementation of the gradient boosting algorithm. In general, [XGBoost](#page-4-1) has great predictive performance and is much faster than standard gradient boosting. In the [XGBoost](#page-4-1) algorithm, decision trees are sequentially created. The variables allocated to a decision tree are assigned weights. If the predicted result is wrong, the corresponding variables get assigned a larger weight in the succeeding decision tree. As a result, each successive decision tree is able to learn from the mistakes of its predecessor, such that the combined result of the individual classifiers is a strong and accurate prediction.

A [RNN](#page-4-5) is a bi-directional [ANN,](#page-3-11) which means that some nodes in the [RNN](#page-4-5) have connections that loop back on themselves allowing them to maintain a memory of previous inputs. [RNNs](#page-4-5) introduce the concept of memory by including the dependency between data points. This means that [RNNs](#page-4-5) have the ability to learn recurring patterns, because the network can be trained to retain concepts based on context. The hidden state of a [RNN](#page-4-5) serves as memory and contains information about the network's previous inputs. Each time new information is assigned, the hidden state is updated based on the current input and the previous hidden state. The [back](#page-3-21)[propagation through time \(BPTT\)](#page-3-21) algorithm [\(Werbos, 1988\)](#page-49-6) is used to train [RNNs.](#page-4-5) During the so-called forward pass the [RNN](#page-4-5) processes the input along with the hidden state of the previous input to produce an output and update the hidden state. Subsequently, during the so-called backward pass the predicted output is compared to the actual target output using a loss function and the calculated error is then backpropagated through time. When [BPTT](#page-3-21) is applied, gradients are computed to update the model parameters. However, during [BPTT](#page-3-21) the vanishing gradient problem can be encountered, which is a major disadvantage of [RNNs.](#page-4-5) The problem is that the gradients that are used to derive the weights for updating the model parameters become very small, as a result of which the network is unable to learn long-term dependencies.

The [RNN](#page-4-5) considered in this research consists of an embedding layer, a [Long Short-Term](#page-3-22) [Memory \(LSTM\)](#page-3-22) [\(Hochreiter & Schmidhuber, 1997\)](#page-47-11) layer, a dropout layer, and an output layer. The embedding layer converts input sequences of integers into dense vectors of fixed size. The input dimension for this layer is equal to the number of observations to consider. The second layer is an [LSTM](#page-3-22) layer, which is a type of [RNN](#page-4-5) that can capture long-term dependencies and mitigate the vanishing gradient problem often encountered in traditional [RNNs.](#page-4-5) The [LSTM](#page-3-22) layer processes the embedded sequences and captures temporal dependencies, where the output represents the learned patterns in the input data. The input in the [LSTM](#page-3-22) layer flows in only one direction, which can be either forwards or backwards. The dropout layer prevents overfitting and enhances the generalization ability of the model. This layer sets a fraction of the input units equal to zero during training, which reduces the model its reliance on specific neurons. The output layer constructs an output based on the learned patterns. In case of classification, the output layer uses a sigmoid activation function, while the linear activation function is used for regression. The Adam optimizer (Kingma $\&$ Ba, 2014) is used to adjust the learning rate during training. For classification, the categorical crossentropy loss function is used and the accuracy is the evaluation metric. In case of regression, the [mean squared error \(MSE\)](#page-3-23) and [mean absolute error \(MAE\)](#page-3-24) are used as loss function and evaluation metric, respectively.

[SVM](#page-4-2) [\(Vapnik, 1995\)](#page-49-7) is a supervised machine learning algorithm which can be used for both classification and regression. In case of a classification problem, [SVM](#page-4-2) tries to find the optimal hyperplane that is able to separate the different classes in the feature space. A kernel function is used to map the original feature space into a higher-dimensional space, which allows [SVM](#page-4-2) to find a hyperplane in this higher-dimensional space, even if the data is not linearly separable in the original space. In this research, the Gaussian radial basis function kernel is used. For each class, the data point that is closest to the hyperplane is called a Support Vector. The hyperplane tries to maximize the margin between these Support Vectors. Hence, the margin represents the confidence with which [SVM](#page-4-2) is able to classify new data points. For classification, [SVM](#page-4-2) involves solving a [quadratic programming \(QP\)](#page-4-6) problem with a number of constraint proportional to the number of observations in the training set. In case of a regression problem, [SVM](#page-4-2) aims to find a find a function that does not deviate more than a specified margin, epsilon, from the actual target values. This leads to an optimization problem that includes both a penalty for errors, i.e. deviations outside the epsilon margin, and a cost regularization term. The resulting [QP](#page-4-6) problem can be more complex, as it involves additional variables and constraints compared to

the classification problem.

4.2.3 Training-test procedure

The [LoS](#page-3-0) data being right-skewed could cause the models to overfit the large outliers. Due to overfitting these outliers, the admissions with a short [LoS](#page-3-0) will be greatly overestimated. Most of the admissions have a short [LoS,](#page-3-0) as a result of which most of the observations will be inaccurately predicted. In addition, it is not in the interest of hospitals to predict these large outliers, because these observations are the exception rather than the rule. Hospitals are mainly interested in the [LoS](#page-3-0) of regular patients, because being able to accurately predict the [LoS](#page-3-0) of regular patient admissions can lead to a more streamlined patient flow. Hospitals can account for the few outliers by keeping a fixed percentage of beds available for any long-term patients. However, overestimating the [LoS](#page-3-0) for regular patients can result in planned admissions being postponed while in reality there are beds available. This obstructs patient flow and could result in an inefficient occupancy of the admission ward.

Hence, before the training-test procedure is started, the observations with outlying [LoS](#page-3-0) values are removed. The observations for which the z-score is larger than three, i.e. $z =$ $\frac{LoS_i-\mu}{\sigma} > 3$ $\frac{LoS_i-\mu}{\sigma} > 3$ $\frac{LoS_i-\mu}{\sigma} > 3$, where LoS_i represents the [LoS](#page-3-0) of admission i, μ is the mean [LoS,](#page-3-0) and σ is the standard deviation of the [LoS](#page-3-0) data, are removed. Note, that it is not necessary to take the absolute value of the z-score to detect the outlying observations, because the [LoS](#page-3-0) data is rightskewed and there are no observations that have an unusually small [LoS](#page-3-0) due to the fact that admissions with a [LoS](#page-3-0) of less than an hour are already removed (see Section [3.1\)](#page-12-1).

The data is randomly split in a training and test set. 80% of the data is used for training and the remaining 20% is used as test data. When splitting the data, it is ensured that both the training and the test set contain equal proportions of short, medium, and long [LoS](#page-3-0) observations. In case of the statistical models, the relationship between the dependent variable and explanatory variables is estimated based on the complete training data. Predictions for the dependent variable in the test data are then constructed by substituting the values of the explanatory variables of the test data in the estimated regression equation. The training-test procedure is different for the machine learning models and is described in the next two paragraphs.

Training phase. First, the continuous variables are scaled. Scaling ensures that all variables contribute equally to the models, preventing variables with larger ranges from dominating the learning process. It could improve the performance and convergence speed of optimization algorithms, and it could enhance the effectiveness of distance-based algorithms. Especially the performance of [SVM](#page-4-2) depends heavily on scaling. [SVM](#page-4-2) is a distance-based machine learning approach, where large values can dominate and/or skew the algorithm if scaling is not applied. The continuous explanatory variables are scaled by min-max normalization:

$$
X_j^{\text{scaled}} = \frac{X_j - \min(X_j)}{\max(X_j) - \min(X_j)} \qquad j = 1, ..., m,
$$
\n(7)

where m is the number of continuous explanatory variables. As all continuous dependent variables in the data are non-negative, the scaled variables are defined over the range $[0, 1]$. Hence, the continuous explanatory variables are then defined over the same range as the binary explanatory variables.

The dependent variable, i.e. the [LoS,](#page-3-0) is scaled by a log-transformation to ensure that the predicted value is always strictly positive when transformed back. This makes sure that the [LoS](#page-3-0) prediction is somewhat realistic, because a negative [LoS](#page-3-0) is practically impossible. The log-transformation of the [LoS](#page-3-0) is given by

$$
LoSscaled = \frac{\log_{10}(LoS)}{\log_{10}(\max(LoS))}.
$$
\n(8)

This log-transformation also ensures that the [LoS](#page-3-0) is defined over the same [0, 1]-range as the explanatory variables.

During the training phase, a grid search using stratified k -fold cross-validation is performed in order to tune the hyperparameters for each machine learning algorithm. In this research, k is set equal to five. Using only five folds could cause an increase in bias and variance. However, applying 5-fold cross-validation should lead to relatively stable results and ensures a decrease in computational costs [\(Raschka, 2018\)](#page-48-14). In this application of stratified 5-fold cross-validation the training data is split in five folds, where admissions with a short, medium, and long [LoS](#page-3-0) are equally distributed over the five folds. In cross-validation, one of the folds is used as validation set, while the other folds are used to train the model. Hence, in total five iterations are performed for each combination of hyperparameters. The hyperparameters of the most accurate model over the five validation sets are selected as the best. In Appendix [B,](#page-51-0) the tuned hyperparameters are discussed and the used grids are presented. After having found the best hyperparameters for each algorithm, the models are trained using the complete training dataset. In case of the [RNN,](#page-4-5) the batch size is equal to 2500 and the number of epochs is equal to 10 when tuning the hyperparameters. When training the [RNN](#page-4-5) on the full training dataset, the batch size is set to 1250 and the number of epochs is equal to 20.

In this research, predicting the [LoS](#page-3-0) is considered as both a classification problem and a regression problem. It could be possible that the best hyperparameters for the models when considering it as a classification problem deviate from the best hyperparameters for regression. Hence, the hyperparameters for the models are determined separately for the classification and regression problems. In Appendix [D,](#page-55-0) it is examined whether using the best hyperparameters for the classification problem affects the performance of the machine learning models in regression, and it is evaluated whether the best hyperparameters in regression have an impact on the accuracy when they are used as hyperparameters for the models in classification.

Test phase. After determining the best hyperparameters and having trained the models on the complete training data, the predictive performance of the different models is evaluated on the test data. The model that achieves the best values for the different performance measures can be considered as the most accurate predictive model for the patient admissions data considered in this research. However, this model may not be the most suitable for an application in healthcare due to e.g. the lack of interpretability. In addition, it could be that the most accurate model in this research is not able to accurately predict another dataset.

4.2.4 Performance evaluation

For all considered models, it is evaluated how accurately they can classify the patient admissions in short, medium, and long [LoS.](#page-3-0) The overall accuracy of each model is simply calculated by dividing the number of correctly classified instances by the total number of classifications made. The precision and recall are determined for each class separately. Considering the precision and recall per class provides detailed and balanced understanding of model performance, especially in the presence of class imbalance. The precision per class measures the accuracy of the positive predictions for that class, while the recall per class measures the ability of the model to identify all true instances of that class.

Besides classifying the patient admissions in short, medium, and long [LoS,](#page-3-0) predicting the [LoS](#page-3-0) is also considered as a regression problem. This way it is possible to derive the deviation of the predicted [LoS](#page-3-0) from the true [LoS](#page-3-0) for both the complete sample and the different classes individually. In order to evaluate the predictive performance of the different models, the [MAE](#page-3-24) and [weighted absolute percentage error \(WAPE\)](#page-4-7) are considered. The [MAE](#page-3-24) measures the average absolute deviation between the predicted value \hat{y}_i and the actual value y_i . For n predicted data points, the [MAE](#page-3-24) is given by

$$
MAE = \frac{\sum_{i=1}^{n} |y_i - \hat{y}_i|}{n}.
$$
\n(9)

The [WAPE](#page-4-7) is a performance measure that determines the average percentage difference between the predicted value and the true value, while also weighing the error over the total [LoS](#page-3-0) of all admissions together. Incorporating these weights facilitates a more refined assessment of the precision in predicting. The [WAPE](#page-4-7) is defined by

$$
\text{WAPE} = \frac{\sum_{i=1}^{n} |y_i - \hat{y}_i|}{\sum_{i=1}^{n} y_i} \times 100\%.
$$
\n⁽¹⁰⁾

Note that here the denominator does not represent the absolute value of the true value, because taking the absolute value is redundant due to the [LoS](#page-3-0) always being strictly positive.

4.2.5 Model interpretation

As mentioned earlier in Section [4.2.1](#page-20-1) the interpretation of the estimated coefficients for a linear regression model is straightforward, as a result of which a linear model is often preferred over machine learning models. This is due to the fact that it is clear for linear models how the prediction is constructed. For machine learning models it is not immediately clear how the prediction is made. As a result, hospitals are reluctant with implementing machine learning models for predicting the [LoS,](#page-3-0) even though it is possible that these machine learning models are better able to predict the [LoS.](#page-3-0) As discussed earlier in Section [2.3,](#page-10-0) explanation methods, such as [LIME](#page-3-15) [\(Ribeiro et al., 2016\)](#page-48-12) and [SHAP](#page-4-4) (Lundberg $\&$ Lee, 2017), make it possible to find out which variables have had the biggest impact on the realization of the prediction. Despite the fact that this does not reflect exactly how the prediction is made, it is interesting for hospitals to have insight into the factors influencing the [LoS](#page-3-0) prediction the most. As a result, the output of the machine learning models is somewhat interpretable.

In this research the post-hoc explanation method [SHAP](#page-4-4) is used to derive which variables

have had the biggest influence on the predictions. As introduced earlier in Section [2.3,](#page-10-0) [SHAP](#page-4-4) determines the relative contribution of each variable to the prediction by evaluating how the addition or removal of a particular variable affects the prediction. [SHAP](#page-4-4) is preferred over [LIME,](#page-3-15) because [SHAP](#page-4-4) can provide a globally consistent explanation, while [LIME](#page-3-15) cannot [\(Rathi, 2019\)](#page-48-15). This allows users to understand the overall behavior of the model across multiple predictions, in addition to the local explanation why a specific prediction is made. If the input data is slightly changed, the explanations change in a consistent and predictable manner and hence the method of [SHAP](#page-4-4) is considered consistent.

5 Results

In this section the results are discussed. First, Section [5.1](#page-26-1) presents the estimation results of the linear regression models and a duration model. In Section [5.2](#page-33-0) the performance of the different predictive models is evaluated in both classification and regression. Subsequently, Section [5.3](#page-38-0) provides insight into the reliability of the predictions. Section [5.4](#page-42-0) ends by providing some possible explanations for the prediction deviations.

5.1 Modelling results

5.1.1 Linear regression models

In Table [4](#page-27-0) the estimated coefficients by the standard linear regression model and the linear regression model with the log [LoS](#page-3-0) as dependent variable are presented. The R^2 is equal to 0.467 for the standard linear regression model, and equal to 0.791 for the linear regression model using the log [LoS](#page-3-0) as dependent variable. This indicates that the linear regression model using the log [LoS](#page-3-0) is more suitable.

It directly stands out that in both models many variables are statistically significant. The admission type and specialism seem to explain a large part of the [LoS.](#page-3-0) The coefficients of the admission type are estimated with respect to the day admission type. Both the standard linear regression model and the linear regression model using the log [LoS](#page-3-0) as dependent variable estimated that the clinical admissions and observational admissions have a longer [LoS](#page-3-0) in general. For both models, the estimated effect of a polyclinical admission is negative with respect to the day admissions. The coefficients of the specialism are estimated with respect to the cardiology (CAR) specialism. Noticeable is the fact that, in case of the standard linear regression model, all specialisms, except the dermatology (DER) specialism, have a significantly positive effect on the [LoS](#page-3-0) with respect to the cardiology specialism. This is surprising, because in Table [1](#page-13-2) of Section [3.2](#page-13-0) it can be seen that some of these specialisms have a lower mean [LoS](#page-3-0) than the cardiology specialism. It is also striking that, in case of the linear regression model using the log [LoS](#page-3-0) as dependent variable, the psychiatry (PSY) specialism has a significantly negative effect with respect to the cardiology specialism. In the standard linear regression model, this variable has the largest positive coefficient.

It is remarkable that the coefficients for the admission information have opposing signs in the two models. In the standard linear regression model a weekend admission does not have a statistically significant effect. This coefficient is statistically significant in the linear regression model using the log [LoS](#page-3-0) as dependent variable. However, it can be argued that this variable has little effect on the [LoS,](#page-3-0) because a weekend admission in general only leads to 1.8% longer [LoS](#page-3-0) compared to an admission on a working day according to the linear regression model using the log [LoS](#page-3-0) as dependent variable.

Some risk factors and certain information of previous admissions have statistically significant effects according to the two models. However, it is difficult to conclude which of these variables is the most determining for the [LoS,](#page-3-0) because the significance of these variables differs per model.

Certain variables that only become known during the admission also seem to be able to explain part of the [LoS.](#page-3-0) In particular, the number of mutations has a large significant effect in both models. The standard linear regression model shows that an additional mutation leads to a 48.828 hours longer [LoS.](#page-3-0) The linear regression model with the log [LoS](#page-3-0) as dependent variable shows that the [LoS](#page-3-0) increases with nearly 50% if an additional mutation occurs. It is remarkable that the standard linear regression model estimates that an additional diagnosis change leads to a 33.581 hours longer [LoS,](#page-3-0) while the linear regression model with the log [LoS](#page-3-0) as dependent variable estimates a relatively small effect for this variable.

Based on the results of the linear regression models it is not necessarily directly possible to deduce which variables are the most determining for the [LoS.](#page-3-0) The admission type and the specialism appear to be able to explain a large part of the [LoS.](#page-3-0) In addition, certain risk factors and information of previous admissions could determine the [LoS.](#page-3-0) There are also certain factors that only become known during the admission that influence the [LoS](#page-3-0) of a patient. In particular, the number of mutations seems to have a major impact on the [LoS.](#page-3-0)

Table 4: Estimated coefficients by the standard linear regression model and the linear regression model with the log [LoS](#page-3-0) as dependent variable.

Note. Standard errors are in parentheses; * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$.

In order to assess the suitability of the linear regression models, the [OLS](#page-3-7) assumptions are verified. The Breusch-Pagan test [\(Breusch & Pagan, 1979\)](#page-46-13) is used to test the null hypothesis of homoskedasticity against the alternative of heteroskedasticity. To test for the presence of serial correlation, the Breusch-Godfrey test [\(Breusch, 1978;](#page-46-14) [Godfrey, 1978\)](#page-46-15) is applied. To assess the assumption of normally distributed error terms, it is tested on the basis of the Jarque-Bera test [\(Jarque & Bera, 1980\)](#page-47-13) whether the residuals approximately follow a normal distribution.

Table [5](#page-29-2) shows the test results of the Breasch-Pagan, Breusch-Godfrey, and Jarque-Bera tests for the different linear regression models. For the Breusch-Pagan test the number of degrees of freedom is equal to 34. In case of the Breusch-Godfrey test, the number of lags to be included for the residuals in the auxiliary regression is set equal to 3. This choice is based on a plot of the autocorrelations, where only the autocorrelations up to the third order were found to be different from zero.

The results of the Breusch-Pagan test show that the null hypothesis of homoskedasticity is rejected for both the standard linear regression model and the linear regression model using the log [LoS](#page-3-0) as dependent variable. Heteroskedasticity causes inconsistency of the covariance matrix, as a result of which the significance of the coefficients is not exact. The Breusch-Godfrey test results show the presence of serial correlation in both models. This causes underestimation of the standard errors, which leads to exaggeration of the coefficients their significance. Despite the presence of heteroskedasticity and serial correlation in both linear regression models, the method of [OLS](#page-3-7) remains unbiased and consistent. However, [OLS](#page-3-7) is not efficient anymore. The Jarque-Bera test presents that the residuals in both models are not normally distributed. This does not have impact on the estimation of the coefficients, but it leads to inexact p -values.

Table 5: Test-statistic and p-value of the Breusch-Pagan, Breusch-Godfrey, and Jarque-Bera test for the different linear regression models.

	Model				
Test	Standard linear regression Linear regression log LoS				
Breusch-Pagan	$9684.30 \leq 0.001$	$35441.00 \leq 0.001$			
Breusch-Godfrey	$180.83 \leq 0.001$	$763.34 \ (< 0.001)$			
Jarque-Bera	$1368290675.00 \leq 0.001$	$86085.00 \leq 0.001$			

Note. P-values of the tests are presented in parentheses.

These test results indicate that a linear regression model may not be particularly suitable for modeling the [LoS.](#page-3-0) The method of [OLS](#page-3-7) remains unbiased and consistent, as a result of which the estimated coefficients are still accurate. However, due to the fact that not all assumptions hold, the standard errors are incorrect and the significance of the coefficients is exaggerated. For this reason, there is a small caveat to be made, because it could be that certain coefficients are not supposed to be significant. Nevertheless, many coefficients are highly significant, so that they would probably also have been significant if the assumptions of [OLS](#page-3-7) did hold.

5.1.2 Duration models

Table [6](#page-29-3) presents the log-likelihood value for the duration models assuming different distributions. The model that achieves the highest log-likelihood value provides the best fit for explaining the [LoS.](#page-3-0) Table [6](#page-29-3) shows that the duration model using the log-logistic distribution for the hazard rate achieves the highest log-likelihood value. It is notable that the log-likelihood value of Cox's [PH](#page-4-3) model is much lower than the log-likelihood of the parametric models. This could indicate that Cox's [PH](#page-4-3) does not provide a good fit and that its estimates are probably unreliable.

Table 6: Log-likelihood value for the duration models assuming different distributions.

As mentioned earlier in Section [4.1.1,](#page-18-0) Cox's [PH](#page-4-3) model assumes proportional hazards, and a violation of this assumption leads to unreliable coefficient estimates by Cox's [PH](#page-4-3) model. The test results of Cox's [PH](#page-4-3) model indicate that the assumption of proportional hazards has been rejected (degrees of freedom = 34; $\chi^2 = 53480.18$; $p < 0.001$). Hence, Cox's [PH](#page-4-3) model provides wrong coefficients and wrong standard errors. The parametric model using the log-logistic distribution for the hazard rate should be preferred. As a result, only the coefficients estimated by the duration model using the log-logistic distribution for the hazard are discussed.

In Table [7](#page-31-0) the estimation results of the parametric model using the log-logistic distribution are shown. For this duration model, the estimated scale parameter is equal to $\hat{\alpha} = 1.65$, and the estimated shape parameter is given by $\hat{\beta} = 2.60$. The coefficients are estimated by only considering finished durations, because the data did not contain any censored observations. As mentioned earlier in Section [4.1,](#page-16-1) the interpretation of the estimated coefficients depends on the functional form of the baseline hazard rate. In case of the log-logistic distribution, the estimated coefficients represent the effect of the explanatory variables on the log of the scale parameter. The scale parameter determines the shape and the behavior of the hazard rate function. For a lower scale parameter value, the event, i.e. discharge from the hospital, happens sooner on average. Therefore, a negative coefficient represents an increase in the hazard rate, which means that the conditional probability of discharge from the hospital increases and that the respective patient has a shorter [LoS.](#page-3-0) Likewise, a positive coefficient corresponds to an increase in [LoS,](#page-3-0) because the hazard rate decreases. This means that the signs of the estimated coefficients by the duration model using the log-logistic distribution have the same interpretation as in the linear regression models. In this duration model, however, it is difficult to deduce the actual effect of the explanatory variables on the [LoS,](#page-3-0) because the magnitude of the coefficients cannot be directly interpreted.

It is immediately noticeable that almost all coefficients estimated by the duration model assuming the log-logistic distribution are statistically significant. In addition, it can be deduced that the signs of the estimated coefficients by the duration model using the log-logistic distribution in general correspond to the signs of the coefficients estimated by the linear regression models. The intercept is significant and corresponds to the log of the estimated scale parameter $\hat{\alpha}$. The admission type is important for explaining the [LoS.](#page-3-0) The coefficients for the clinical and observational admission types are significantly positive, which means that these admission types have a higher survival probability to stay in the hospital than the day admission type. This is not surprising, because clinical admissions in general have a longer [LoS](#page-3-0) due to the fact that they stay for a longer period in the hospital for observation, treatment, or recovery. The assigned specialism seems to explain a large part of the [LoS.](#page-3-0) With respect to the cardiology (CAR) specialism, almost all specialisms have a significantly positive coefficient, which means that these specialisms have a lower probability of discharge than patients belonging to the cardiology specialism. Only the coefficient of the psychiatry (PSY) specialism has a negative sign, indicating that patients belonging to this specialism are more likely to have a shorter [LoS.](#page-3-0)

It is not surprising that weekend admissions and admissions outside office hours have significantly positive coefficients, because it was also expected that these admissions would have a longer [LoS](#page-3-0) in general. It is remarkable that the coefficient for emergency admissions is insignificant. In Section [5.1.1](#page-26-2) it is shown that in both linear regression models this coefficient was significant. However, the coefficients for emergency admissions in the linear regression models had opposing signs, as a result of which the actual effect of an emergency admission was not necessarily clear.

Certain risk factors and some information regarding previous admissions can explain part of a patient's [LoS.](#page-3-0) However, it should be noted that the coefficients for these variables are really small, which makes it difficult to draw conclusions about the actual effect on the hazard rate. The variables that become known during the admission are also significant, and therefore can explain part of a patient's [LoS.](#page-3-0) In particular, similar to the result of the linear regression models, the number of mutations seems to be important for determining the [LoS.](#page-3-0)

Due to the fact that almost all coefficients are significant, it is not possible to directly deduce what the most determining factors of the [LoS](#page-3-0) are. It is also not possible to determine based on the magnitude of the coefficients which variables are the most important for explaining the [LoS,](#page-3-0) because the variables do not have the same range. The admission type and assigned specialism seem to be able to explain a large part of the [LoS.](#page-3-0) It is not necessarily unexpected that possible changes during the admission explain a large part of the [LoS.](#page-3-0) However, this information is of course not known at time of admission, as a result of which the corresponding variables cannot be included in a prediction framework.

In conclusion, both the linear regression models and the duration model indicate that the admission type and the assigned specialism are import factors for explaining the [LoS.](#page-3-0) The admission information, risk factors and information about previous admissions also seem to explain part of the [LoS.](#page-3-0) However, it is not necessarily clear which respective variables have the biggest influence on the [LoS,](#page-3-0) because the significance and direction of the sign of the coefficients sometimes differ in the considered models. Certain variables that become known during admission can also have an impact on the [LoS.](#page-3-0) Especially, the number of mutations is considered by all models as a determining factor of the [LoS.](#page-3-0)

Table 7: Estimation results of the duration model using the log-logistic distribution for the hazard rate.

In order to assess the goodness-of-fit of the various duration models, the Cox-Snell residuals [\(Cox & Snell, 1968\)](#page-46-16) are calculated and the survival functions are estimated by the Kaplan-Meier method [\(Kaplan & Meier, 1958\)](#page-47-14). The cumulative hazard functions are derived from the estimated survival functions. Figure [1](#page-33-3) shows the estimated cumulative hazard plotted against the Cox-Snell residuals for the duration models assuming different distributions. The plot of the cumulative hazard against the residual values should be a straight line through the origin with a slope of one [\(Klein et al., 2003\)](#page-47-15). Hence, models for which the Cox-Snell residuals cause a deviation from this linear line do not provide a good fit for modelling the [LoS](#page-3-0) data. From Figure [1](#page-33-3) it becomes clear that the duration model using the log-logistic distribution for the hazard rate

provides the best fit for explaining the [LoS,](#page-3-0) because the Cox-Snell residuals of this model cause the smallest deviation from the bisector. In addition, it is evident that Cox's [PH](#page-4-3) model provides the worst fit of all models.

Figure 1: Estimated cumulative hazard against Cox-Snell residuals for the duration models assuming different distributions.

5.2 Prediction results

This section presents the prediction results, where first the classification performance is discussed in Section [5.2.1,](#page-33-1) and after that the regression results are evaluated in Section [5.2.2.](#page-35-0) As mentioned earlier in Section [4.2.3,](#page-23-0) the admissions with an extremely large [LoS](#page-3-0) are removed from the data. In total, 3809 observations are classified as outlying observations, which is approximately 1.8% of the data considered in this research. After removing these observations, 207782 admissions remain, of which 131355 (63.22%), 53160 (25.58%), and 23267 (11.20%) admissions belong to the short, medium, and long [LoS](#page-3-0) class, respectively.

5.2.1 Classification

Table [8](#page-34-1) shows the performance results of the different models for classifying the [LoS](#page-3-0) in the short, medium, and long [LoS](#page-3-0) classes. Besides the overall accuracy, this table presents the precision and recall for the different classes. The highest overall accuracy is obtained by [XGBoost.](#page-4-1)

In case of the statistical models, the highest accuracy is obtained by the multinomial logit model. This model achieves an accuracy of 83.77%, which is substantially higher than always predicting the majority class, namely, the short [LoS](#page-3-0) class that contains 63.22% of the observations. The obtained accuracy by the [GLMs](#page-3-9) and the duration model using the log-logistic distribution is also considerably higher than always predicting the majority class, but a little bit lower than the accuracy achieved by the multinomial logit model. The [GLM](#page-3-9) using the negative binomial distribution and the duration model using the log-logistic distribution for the hazard rate detect substantially less observations belonging to the long [LoS](#page-3-0) class than the multinomial logit model and the [GLM](#page-3-9) using the Poisson distribution, as becomes clear from the recall scores for the long [LoS](#page-3-0) class. The precision of the [GLMs](#page-3-9) and the duration model is higher than the precision of the multinomial logit model for the short [LoS](#page-3-0) class, which means that the percentage of observations classified as having a short [LoS](#page-3-0) that actually have a short [LoS](#page-3-0) is larger for these models. However, this is accompanied by a lower recall, which indicates that these models detect less observations belonging to the short [LoS](#page-3-0) class. The [GLM](#page-3-9) with the negative binomial distribution and the duration model achieve a really high recall for the medium [LoS](#page-3-0) class. However, as the precision of these models is around 60% , approximately 40% of the observations classified as having a medium [LoS](#page-3-0) actually has a short or long [LoS.](#page-3-0)

[XGBoost](#page-4-1) achieves an overall accuracy of 84.05%, and is therefore the most accurate model for classification in this research. This model is best able to detect the admissions with a long [LoS,](#page-3-0) as [XGBoost](#page-4-1) achieves the highest recall for the long [LoS](#page-3-0) class. However, it should be noted that the recall of 33.42% is still relatively low. The [XGBoost](#page-4-1) model is precise in classifying the short and medium [LoS](#page-3-0) classes, because this model achieves a relatively high precision for these classes.

Table 8: Classification performance of the different predictive models.

Although the machine learning models are quite capable of detecting observations with a medium [LoS,](#page-3-0) as the recall is higher than 81% for all models, the relatively low precision values of the medium [LoS](#page-3-0) show that a large part of the observations classified as having a medium [LoS](#page-3-0) actually do not have a medium [LoS.](#page-3-0) Together with the relatively low recall values of the long [LoS](#page-3-0) class, this indicates that a large part of the observations with a long [LoS](#page-3-0) is 'underestimated'. Notable is the fact that the [RNN](#page-4-5) performs poorly relative to the other machine learning models. What is particularly striking is the low recall value for the long [LoS](#page-3-0) class. This shows that the [RNN](#page-4-5) is unable to detect admissions with a long [LoS,](#page-3-0) as a result of which the overall accuracy is logically lower. It should be noted that the [RNN](#page-4-5) considered in this research has a relatively simple structure. Using a more complex [RNN](#page-4-5) may increase the overall accuracy.

It is striking that the machine learning models [RF,](#page-4-0) [XGBoost,](#page-4-1) and [SVM](#page-4-2) only perform slightly better than the mutinomial logit model. Although the interpretation of the coefficients in a multinomial logit model is not completely straightforward, it is possible to deduce based on the log-odds ratio how a longer [LoS](#page-3-0) could be caused. However, the estimated effects are always relative with respect to another class, as a result of which it is not possible to derive how much longer the [LoS](#page-3-0) will be if certain factors apply to a particular patient. Nevertheless, ChipSoft and/or hospitals might prefer the multinomial logit model over the machine learning models, because the estimated coefficients are somewhat interpretable and the classification accuracy is not substantially lower than that of the machine learning models.

5.2.2 Regression

Table [9](#page-36-1) shows the performance results of the different models for predicting the [LoS.](#page-3-0) This table shows the [MAE](#page-3-24) and [WAPE](#page-4-7) that are obtained by the different models. As the [MAE](#page-3-24) and [WAPE](#page-4-7) are performance measures representing the deviation of the predicted values from the actual values, lower values for these measures indicate that a model is better able to accurately predict the [LoS](#page-3-0) of nonsurgical patients. [SVM](#page-4-2) achieves the lowest values for the [MAE](#page-3-24) and [WAPE.](#page-4-7)

In case of the statistical models, the linear regression model using the log [LoS](#page-3-0) as dependent variable obtains the lowest value for both the [MAE](#page-3-24) and the [WAPE.](#page-4-7) However, the [MAE](#page-3-24) and [WAPE](#page-4-7) values achieved by the duration model using the log-logistic distribution and the [GLMs](#page-3-9) assuming the Poisson and negative binomial distribution do not differ substantially from the values of the linear regression model using the log [LoS](#page-3-0) as dependent variable. The standard linear regression model is the worst at predicting the [LoS,](#page-3-0) because it achieves the highest values for the performance measures. The difference in performance measures for the standard linear regression model and the linear regression model with a log-transformed dependent variable shows that transforming the dependent variable is a valuable technique to achieve a better predictive performance. This transformation ensures that the predicted [LoS](#page-3-0) cannot be negative, which in any case reduces the deviation from the true value for the admissions with a short [LoS.](#page-3-0)

Noticeable is that all statistical models are relatively well able to predict the [LoS](#page-3-0) of the medium and long [LoS](#page-3-0) classes. The percent deviation of the true value is relatively small, as becomes clear from the [WAPE](#page-4-7) values. However, it should be noted that the absolute deviation from the true value is larger for these classes than for admissions with a short [LoS.](#page-3-0) The fact that the standard linear regression model can predict the [LoS](#page-3-0) of the long [LoS](#page-3-0) class relatively accurate, shows that this model is sensitive to observations with large [LoS](#page-3-0) values. The [GLM](#page-3-9) with the Poisson distribution is best able to predict the [LoS](#page-3-0) of the long [LoS](#page-3-0) class. Remarkable is the fact that the linear regression model with the log [LoS](#page-3-0) as dependent variable is relatively less able to predict the [LoS](#page-3-0) for the long [LoS](#page-3-0) class, while overall this model performs best among the statistical models.

The machine learning models are better able to predict the [LoS](#page-3-0) of nonsurgical patients than the most accurate statistical model, namely, linear regression using the log [LoS](#page-3-0) as dependent variable. The machine learning models [RF,](#page-4-0) [XGBoost,](#page-4-1) and [SVM](#page-4-2) are about equally capable of predicting the [LoS,](#page-3-0) because the [MAE](#page-3-24) and [WAPE](#page-4-7) are around 20.5 and 62.5%, respectively. It is noticeable that the [MAE](#page-3-24) and [WAPE](#page-4-7) of the [RNN](#page-4-5) are a bit higher than those of the other machine learning models. [SVM](#page-4-2) is the most accurate model, and achieves a [MAE](#page-3-24) of 20.38 and a [WAPE](#page-4-7) of 62.17%. This means that the average absolute deviation of the prediction from the true value is around 20 hours, and the average percentage deviation of the predicted value weighted relatively to the true value is 62.17%. The [MAE](#page-3-24) value of [SVM](#page-4-2) is substantially smaller than the [MAE](#page-3-24) value of the most accurate statistical model. [SVM](#page-4-2) is able to create predictions that are on average almost 2 hours closer to the true value than the predictions of the linear regression model using the log [LoS.](#page-3-0) [SVM](#page-4-2) is less accurate in predicting the [LoS](#page-3-0) for patients with a short or medium [LoS](#page-3-0) than [XGBoost](#page-4-1) and [RF.](#page-4-0) However, the difference in performance of [SVM](#page-4-2) compared to these two models is relatively small. [SVM](#page-4-2) is in absolute terms more accurate for patients with a long [LoS](#page-3-0) than [XGBoost](#page-4-1) and [RF.](#page-4-0) This result shows that [SVM](#page-4-2) is able to construct a relatively accurate [LoS](#page-3-0) prediction for almost all admitted nonsurgical patients.

	Performance	LoS class			
Model	measure	Total	Short	Medium	Long
Statistical models					
	MAE	27.67	13.55	31.75	98.09
Linear regression	WAPE	84.41\%	375.16\%	77.87\%	54.72\%
	MAE	22.26	3.73	19.52	133.20
Linear regression $(\log LoS)$	WAPE	67.91\%	103.11\%	47.88%	74.31\%
GLM Poisson	MAE	22.95	6.70	31.91	94.22
	WAPE	69.99%	185.47\%	78.26\%	52.56%
	MAE	23.24	6.79	30.92	98.53
GLM negative binomial	WAPE	70.87%	187.97%	75.82\%	54.97%
	MAE	22.86	6.25	25.65	110.25
Duration log-logistic	WAPE	69.72\%	172.98%	62.91\%	61.51%
Machine learning models					
	MAE	20.76	2.92	20.03	123.13
RF	WAPE	63.30%	80.78%	49.12\%	68.69%
	MAE	20.65	2.93	20.78	120.39
XGBoost	WAPE	62.97%	81.08%	50.96%	67.16\%
	MAE	21.82	3.24	20.14	130.58
RNN	WAPE	66.55%	89.56%	49.39%	72.84\%
	MAE	20.38	3.40	22.43	111.58
SVM	WAPE	62.17%	94.18%	55.02\%	62.25%

Table 9: Regression performance of the different predictive models, where the [length of stay](#page-3-0) [\(LoS\)](#page-3-0) classes are the actual classes.

Due to the fact that [SVM](#page-4-2) is able to construct the most accurate predictions over the entire nonsurgical patient flow, and because the difference in performance compared to the interpretable linear regression model is substantial, [SVM](#page-4-2) could be preferred for predicting the [LoS](#page-3-0) of nonsurgical patients. However, it should be noted that the differences in performance with respect to [RF](#page-4-0) and [XGBoost](#page-4-1) are relatively small. It takes a lot of time train [SVM,](#page-4-2) as the time complexity of this model is between $\mathcal{O}(n^2)$ and $\mathcal{O}(n^3)$ [\(Bottou & Lin, 2007;](#page-45-11) [List & Simon,](#page-47-16) 2009 , where *n* denotes the number of observations in the training data. The time complexity for training [RF](#page-4-0) is $\mathcal{O}(kpn \log(n))$ [\(Louppe, 2014\)](#page-47-17), where k is the number of decision trees, p the dimensionality of the data, and n the number of observations in the training data. [XGBoost](#page-4-1) has a training time complexity of $\mathcal{O}(kd||x||_0 \log(n))$ [\(Chen & Guestrin, 2016\)](#page-46-12), where k is the number of trees, d is the depth of the tree, $||x||_0$ represents the number of non-missing entries in the training data, and n is the number of observations in the training data. If the number of variables and the number of decision trees in [RF](#page-4-0) and [XGBoost](#page-4-1) are small compared to the number of observations, the time complexity of these two algorithms is much lower than that of [SVM.](#page-4-2) Therefore, as it takes less time to train [RF](#page-4-0) and [XGBoost,](#page-4-1) and because the values for the performance measures are not substantially higher than those of [SVM,](#page-4-2) the models [RF](#page-4-0) and [XGBoost](#page-4-1) may be better suited to be used as a predictive model if ChipSoft chooses to implement a prediction framework in their software [HiX.](#page-3-3) The fact that [XGBoost](#page-4-1) offers more flexibility than [RF](#page-4-0) by having multiple hyperparameters that can be tuned (see also Appendix [B\)](#page-51-0), ensures that [XGBoost](#page-4-1) is the preferred and recommended model for a practical implementation in a prediction framework in [HiX.](#page-3-3)

Table [10](#page-38-2) shows the number of times the different predictive models under- and overestimate the [LoS.](#page-3-0) From this table it becomes clear that the statistical models, with the exception of the linear regression model using the log [LoS](#page-3-0) as dependent variable, 'overfit' the long [LoS,](#page-3-0) because the [LoS](#page-3-0) for patients belonging to the short or medium [LoS](#page-3-0) class is more often overestimated than underestimated. Especially, the [GLMs](#page-3-9) overfit to the observations with a long [LoS.](#page-3-0) These [GLMs](#page-3-9) overestimate the [LoS](#page-3-0) of the short and medium [LoS](#page-3-0) class relatively more often than the other statistical models. In addition, the [GLMs](#page-3-9) underestimate the [LoS](#page-3-0) for the long [LoS](#page-3-0) class less often. For all statistical models, the [LoS](#page-3-0) for patients with a long [LoS](#page-3-0) is much more often underestimated than overestimated. This could be due to the fact that there are relatively few patients with a long [LoS](#page-3-0) and because the [LoS](#page-3-0) of these patients can differ relatively much compared to the [LoS](#page-3-0) of patients belonging to the short or medium [LoS](#page-3-0) class. This result suggests that is not necessarily possible to derive from the included explanatory variables how a longer [LoS](#page-3-0) is caused.

The machine learning models seem to less overfit the patients with a long [LoS,](#page-3-0) because these model do not necessarily more often overestimate the [LoS](#page-3-0) of patients belonging to the short and medium [LoS](#page-3-0) class. Also the machine learning models almost always underestimate the [LoS](#page-3-0) of the long [LoS](#page-3-0) class. Together with the results in Table [9,](#page-36-1) which showed that the deviation of the predicted [LoS](#page-3-0) from the actual [LoS](#page-3-0) is very large in absolute terms in case of the long [LoS](#page-3-0) class, this indicates that it is practically impossible to predict the [LoS](#page-3-0) of nonsurgical patients who stay in the hospital for a longer period of time. It seems that the considered models cannot find patterns in the data that cause a long [LoS.](#page-3-0) However, this could be due to the fact that

the factors that can cause a long [LoS](#page-3-0) are also important for patients with a shorter [LoS,](#page-3-0) such that the models do not consider these factors as having a strong influence on a longer [LoS.](#page-3-0) In addition, there could be factors that only become known during the admission that can explain why certain patients have had a longer [LoS.](#page-3-0)

			LoS class					
	Total			Short		Medium		Long
Model		\pm		$^{+}$		$^{+}$		$\hspace{0.1mm} +$
Statistical models								
Linear regression	17497	24059	11195	15076	1691	8941	4611	42
Linear regression $(\log LoS)$	19968	21588	10525	15746	4797	5835	4646	7
GLM Poisson	15877	25679	9422	16849	2051	8581	4404	249
GLM negative binomial	15325	26231	8822	17449	1964	8668	4539	114
Duration log-logistic	12080	29476	4742	21529	2737	7895	4601	52
Machine learning models								
RF	20018	21538	10631	15640	4756	5876	4631	22
XGBoost	20062	21494	10808	15463	4644	5988	4610	43
RNN	19938	21618	10315	15956	4998	5634	4625	28
SVM	20187	21369	11236	15035	4497	6135	4454	199

Table 10: Number of times the different predictive models under- and overestimate the [length](#page-3-0) [of stay \(LoS\).](#page-3-0)

Note. The columns with the minus sign $(-)$ represent the number of times the [LoS](#page-3-0) is underestimated. and the columns with the plus sign $(+)$ show how often the [LoS](#page-3-0) is overestimated.

5.3 Prediction diagnostics

Table [9](#page-36-1) in Section [5.2.2](#page-35-0) presents the performance measures with respect to the actual classes. That table shows how well the different predictive models are able to predict the [LoS](#page-3-0) for the different classes. However, this does not reflect the prediction deviation when a particular class is predicted. For a capacity manager in the hospital it is important to have idea of the possible deviation when a certain [LoS](#page-3-0) has been predicted. Therefore, in Table [11](#page-39-1) it is chosen to present the [MAE](#page-3-24) and [WAPE](#page-4-7) for the different models with respect to the predicted class. In this case, the predicted class corresponds to the class the predictions of the models that are used for regression would fall into.

Table [11](#page-39-1) shows that the prediction deviation of all models, with the exception of the standard linear regression model, is very small when the predicted value belongs to the short [LoS](#page-3-0) class. If the predicted value belongs to the short [LoS](#page-3-0) class, the [MAE](#page-3-24) is smaller than 2, which means that the prediction deviates less than 2 hours from the actual [LoS](#page-3-0) on average. The [MAE](#page-3-24) and [WAPE](#page-4-7) for the standard linear regression model are a bit higher due to the fact this model also predicts negative values. This model is also relatively strongly influenced by admissions with a longer [LoS,](#page-3-0) which also became clear from Table [10](#page-38-2) in Section [5.2.2.](#page-35-0) What directly stands out is the fact that the [MAE](#page-3-24) and [WAPE](#page-4-7) are a bit higher for the predicted medium [LoS](#page-3-0) class than the [MAE](#page-3-24) and [WAPE](#page-4-7) for the actual medium [LoS](#page-3-0) as presented in Table [9](#page-36-1) in Section [5.2.2.](#page-35-0)

If a short [LoS](#page-3-0) is predicted, the absolute deviation from the true value is smaller for the [RF](#page-4-0) model than for [SVM,](#page-4-2) as shown by the [MAE](#page-3-24) values. However, [SVM](#page-4-2) is in absolute terms more accurate for the predicted medium and long [LoS](#page-3-0) class. Remarkable is the fact that this result

is not necessarily presented by the [WAPE](#page-4-7) values of [SVM.](#page-4-2) The [WAPE](#page-4-7) values of the different predicted classes are higher for [SVM](#page-4-2) than the [WAPE](#page-4-7) values of [RF](#page-4-0) and [XGBoost.](#page-4-1) However, this does not necessarily cause the overall [WAPE](#page-4-7) to be higher for [SVM.](#page-4-2) It turned out from Table [9](#page-36-1) in Section [5.2.2](#page-35-0) that the overall [WAPE](#page-4-7) of [SVM](#page-4-2) is lower than that of [RF.](#page-4-0) This can be explained by the fact that the numerator in the [WAPE](#page-4-7) consists of the sum of the absolute prediction deviations from the true values. These absolute deviations are in general smaller for [SVM](#page-4-2) than for [RF.](#page-4-0) In case the overall [WAPE](#page-4-7) is determined, the numerator is the same, regardless of the applied model. The numerator is not equal for both [RF](#page-4-0) and [SVM](#page-4-2) when the [WAPE](#page-4-7) is derived with respect to the different predicted classes. As a result, it is possible that the values for the [WAPE](#page-4-7) with respect to the predicted class are lower for [RF](#page-4-0) than those of [SVM,](#page-4-2) while the overall [WAPE](#page-4-7) of [SVM](#page-4-2) is lower than the one of [RF.](#page-4-0)

	Performance		LoS class	
Model	measure	Short	Medium	Long
Statistical models				
	MAE	6.89	44.77	74.03
Linear regression	WAPE	199.21%	81.96\%	53.45\%
	MAE	1.25	50.51	84.56
Linear regression $(\log LoS)$	WAPE	34.07%	70.56\%	50.96%
GLM Poisson	MAE	6.70	31.91	94.22
	WAPE	185.47\%	78.26\%	52.56%
	MAE	6.79	30.92	98.53
GLM negative binomial	WAPE	187.97%	75.82%	54.97%
	MAE	1.65	50.15	76.01
Duration log-logistic	WAPE	45.41\%	72.98%	52.77%
Machine learning models				
	MAE	1.16	47.59	78.11
RF	WAPE	29.61\%	66.79%	50.73%
	MAE	1.74	47.65	77.08
XGBoost	WAPE	38.78\%	66.32\%	51.77%
	MAE	1.23	49.90	81.25
RNN	WAPE	31.58%	69.94%	48.78\%
	MAE	1.75	44.94	71.37
SVM	WAPE	39.06%	66.80%	54.19%

Table 11: Regression performance of the different predictive models, where the [length of stay](#page-3-0) [\(LoS\)](#page-3-0) classes are the predicted classes.

In order to get a more in-depth idea of the reliability of the [LoS](#page-3-0) predictions, Table [12](#page-40-1) presents the percentage of predictions by the linear regression model using the log [LoS](#page-3-0) as dependent variable and [XGBoost](#page-4-1) for which the absolute prediction deviation is smaller than a certain value. It is chosen to only present these percentages for the best statistical model and the machine learning model that is recommended for a practical implementation in [HiX,](#page-3-3) which are the linear regression model with the log [LoS](#page-3-0) as dependent variable and [XGBoost,](#page-4-1) respectively. The results in Table [12](#page-40-1) are easier to interpret than the values for the performance measures. The use of percentages for which the absolute prediction deviation is smaller than a certain value is therefore probably the way in which the reliability of the predictions would be presented in [HiX.](#page-3-3) Despite the fact that it was already clear from the results in Section [5.2.2](#page-35-0) that the machine learning models [RF,](#page-4-0) [XGBoost,](#page-4-1) and [SVM](#page-4-2) can predict the [LoS](#page-3-0) more accurately than the best statistical model, it is decided to also present the performance of the best statistical model, so that is once again possible to compare the performance to that of a machine learning model. This has been done so that, based on interpretable results, it is possible to emphasize once again that a machine learning model, in this case [XGBoost,](#page-4-1) can make more accurate [LoS](#page-3-0) predictions than the best statistical model. The machine learning models [RF](#page-4-0) and [SVM](#page-4-2) perform similarly to [XGBoost,](#page-4-1) as a result of which presenting the prediction diagnostics for [RF](#page-4-0) and [SVM](#page-4-2) has no added value, because comparing the results of these models with both the linear regression model using the log [LoS](#page-3-0) as dependent variable and [XGBoost](#page-4-1) will not lead to new insights. For reference, the prediction diagnostics of [RF](#page-4-0) and [SVM](#page-4-2) are presented in Appendix [C.](#page-54-0)

Table [12](#page-40-1) shows that [XGBoost](#page-4-1) can more accurately predict the [LoS](#page-3-0) for a large part of the nonsurgical patient flow compared to the linear regression model using the log [LoS](#page-3-0) as dependent variable, because the percentages for which the absolute prediction deviation is smaller than 2, 6, and 12 hours are substantially higher for [XGBoost.](#page-4-1) The results in Table [12](#page-40-1) show that more than half of the predicted values by [XGBoost](#page-4-1) does not deviate more than 2 hours from the actual [LoS.](#page-3-0) Almost 80% of the predicted values has an absolute deviation that is less than a day, i.e. 24 hours. 87.39% of the predicted values deviates 2 days or less in absolute terms from the actual [LoS.](#page-3-0) These results show that [XGBoost](#page-4-1) is capable of accurately predicting the [LoS](#page-3-0) for the largest part of the nonsurgical patient flow. Especially, the fact that 53.02% of the predicted values has an absolute deviation that is smaller than 2 hours shows that [XGBoost](#page-4-1) is extremely suitable for predicting the [LoS](#page-3-0) for a large part of the nonsurgical admissions. There is only a small percentage of admissions for which [XGBoost](#page-4-1) is unable to predict the [LoS,](#page-3-0) because the percentage for which the absolute prediction deviation is more than a week, i.e. 7 days or 168 hours, is only 2.54%.

Table 12: Percentages of predictions by the linear regression model using the log [LoS](#page-3-0) as dependent variable and [eXtreme Gradient Boosting \(XGBoost\)](#page-4-1) for which the absolute prediction deviation is smaller than a certain amount of time.

		Absolute prediction deviation (in hours)						
Model	≤ 2	≤ 6	≤ 12	≤ 24	≤ 48	≤ 96	≤ 168	
Linear regression						48.48% 61.60% 67.02% 77.39% 87.50% 92.92% 97.14%		
$(\log LoS)$								
XGBoost						53.02% 63.19% 69.85% 78.22% 87.39% 93.63% 97.46%		

Figure [2](#page-41-1) shows the histogram of the deviation from the actual value for the predictions by the linear regression model using the log [LoS](#page-3-0) as dependent variable and [XGBoost.](#page-4-1) This figure does not include the admissions for which the absolute prediction deviation is more than 48 hours, such that the figure is not stretched. A positive prediction deviation means that the predicted value is larger than the actual value, and a negative prediction deviation represents a predicted value that is smaller than the actual value. The bin-size is equal to 2 hours and the histogram is centered around 0. Therefore, Figure [2b](#page-41-1) shows that more than 17500 of the 41556 predictions made by [XGBoost](#page-4-1) have a prediction deviation of less than an hour. The number of predictions by the linear regression model using the log [LoS](#page-3-0) as dependent variable for which the prediction deviation is less than an hour is substantially lower, as Figure [2a](#page-41-1) shows that less than 15000 predictions have a prediction deviation smaller than 1 hour. Also from Figure [2](#page-41-1) it becomes clear that the prediction deviation is really small for a large part of the nonsurgical patients, which is in line with the results of Table [12.](#page-40-1)

(a) Histogram of the prediction deviations linear regression (log [LoS\)](#page-3-0).

(b) Histogram of the prediction deviations [XG-](#page-4-1)[Boost.](#page-4-1)

Figure 2: Histograms of the deviations from the actual values for the predictions by the linear regression model using the log [length of stay \(LoS\)](#page-3-0) as dependent variable and [eXtreme Gradient](#page-4-1) [Boosting \(XGBoost\).](#page-4-1)

In order to gain insight into which variables are the most important to the predictions of [XGBoost,](#page-4-1) the method of [SHAP](#page-4-4) is used. In Figure [3](#page-42-2) the means of the absolute [SHAP](#page-4-4) values for the different variables in the predictions by [XGBoost](#page-4-1) are presented. A variable can have a negative or a positive impact on the prediction. The magnitude of a [SHAP](#page-4-4) value represents how big the impact is. Using the absolute value for the [SHAP](#page-4-4) values ensures that the [SHAP](#page-4-4) values do not balance out, if for example a certain variable has a negative impact on one prediction and a positive impact on another. By using the means of the absolute [SHAP](#page-4-4) values, it is possible to deduce which variables have had the biggest impact on the considered predictions, which means that a global explanation for the considered predictions is provided.

It should be noted that the means shown in Figure [3](#page-42-2) are not the means over the whole test set. The [SHAP](#page-4-4) values are determined for only 0.25% of the test set. For the calculation of the explanations 0.25% of the training data is used. This 0.25% for both the training and the test set is randomly sampled and takes into account the proportions of the short, medium, and long [LoS](#page-3-0) classes in the original data. Although this 0.25% represents only a small part of the data, by taking into account the proportions, this should be a representative sample for the whole dataset. It is highly possible that the means of the absolute [SHAP](#page-4-4) values deviate when the [SHAP](#page-4-4) values are determined for all predictions for the test set. However, it was not possible to derive the [SHAP](#page-4-4) values for all predictions. This was due to the fact that determining the [SHAP](#page-4-4) values was computationally expensive and required too much memory. As the [SHAP](#page-4-4) values are not derived for all predictions, it is not possible to conclude which variables have had the biggest influence on the predictions in general. It is only possible to decide which variables, on average, were the most influential for the considered predictions.

From Figure [3](#page-42-2) it becomes clear that the admission type, in particular the clinical admission type, is important for constructing the predictions. Also certain specialisms have a relatively large mean absolute [SHAP](#page-4-4) value. Age, admissions outside office hours, and emergency admissions are the other factors that belong to the 8 variables with the largest mean absolute [SHAP](#page-4-4) value. The remaining variables have a relatively small mean absolute [SHAP](#page-4-4) value in comparison to these 8 variables. Based on this result it is not possible to conclude that the variables with the largest mean absolute [SHAP](#page-4-4) values are the most important for constructing the predictions. However, this result indicates that, in particular, the admission type and the assigned specialism have a large impact on the predictions. It is not surprising that the admission type and the assigned specialism emerge as important factors for making [LoS](#page-3-0) predictions. The admission type and specialism offer an indication of the possible diagnosis and/or treatment of the patient. In Sections [5.1.1](#page-26-2) and [5.1.2,](#page-29-0) it also became clear that these variables strongly cohere with the [LoS](#page-3-0) and can therefore be considered determining factors of the [LoS.](#page-3-0)

Figure 3: Means of the absolute [SHapley Additive exPlanations \(SHAP\)](#page-4-4) values for the different variables in the predictions by [eXtreme Gradient Boosting \(XGBoost\).](#page-4-1)

5.4 Possible explanations prediction deviations

It is not immediately possible to derive from the data why it is not possible to accurately predict the [LoS](#page-3-0) for certain patients with a long [LoS.](#page-3-0) However, the medical record in [HiX](#page-3-3) describes in words what the patient's condition has been and what possible peculiarities may have occurred during the admission. It is difficult to contain this information in an explanatory variable for a predictive model, because it is cumbersome to translate the written information into a variable and the information generally only becomes known during the admission. Nevertheless, this information can probably explain why a patient has had a longer [LoS](#page-3-0) and why a possible large prediction deviation may have arisen. The possible explanations of the prediction deviations can provide an insight why patients could spend a longer period of time in the hospital. However,

it is too short-sighted to conclude what generally causes a longer [LoS](#page-3-0) based on a few possible explanations.

What stands out is the fact that patients for whom the prediction deviation is large have a rather severe diagnosis, such as a cerebral hemorrhage or a metastatic tumor. Sometimes the patients with such severe diagnoses have not been admitted in the past year and do not have a condition considered as a risk factor. As a result, the models logically predict that these patients have had a much shorter [LoS,](#page-3-0) which leads to a large prediction deviation. It is not possible to include the diagnosis as a variable in the predictive models, because there are too many possible diagnoses and the diagnosis is often only determined during the admission. It is also impractical to predict the [LoS](#page-3-0) from the moment the diagnosis is determined, because this moment can differ per patient and the exact moments could not be derived from the data. If it had been possible to derive the moment the diagnosis is determined, it would eventually be interesting to predict the remaining [LoS,](#page-3-0) so that capacity managers are still provided with an estimate when the bed could become available again. It could then be possible to do a simulation study where an initial prediction for the [LoS](#page-3-0) is made at time of admission and this prediction is adjusted when the diagnosis becomes known. When such an approach is applied, the diagnoses need to be grouped, because, as mentioned earlier, it is not possible to include every possible diagnosis as a variable.

It also stands out that other (additional) risk factors are present for patients for whom the prediction deviation is large. It can occur that the patient is a smoker. However, it was not possible to derive for each patient whether this patient is a smoker, because the questionnaire in which the patients must indicate whether they smoke differs per department in the hospital and therefore this information is stored in different places in the database. In general, these questionnaires are also only administered during the admission. There are also patients with a high blood pressure. The blood pressure is measured during the admission. In addition, not every patient takes all tests, and the test forms can differ per department, treatment, and/or patient condition. The risk factors contained in this research were determined in a previous admission as a (sub)diagnosis. This made it possible to retrieve these risk factors from the database, and it could be determined for each patient whether they have these risk factors. For example, for being a smoker and/or having high blood pressure, this was not possible, because these risk factor are never established as a (sub)diagnosis.

6 Conclusion

This research derives the most determining factors for a nonsurgical patient's [LoS](#page-3-0) and evaluates whether it is possible to predict the [LoS](#page-3-0) of these nonsurgical admissions. The results of this research provide ChipSoft insight into which variables should be included in a predictive model when they will choose to implement a prediction framework for the nonsurgical patient flow in their software [HiX.](#page-3-3) In addition, this research gives an advice which considered predictive model is the most suitable for a practical implementation in [HiX.](#page-3-3) Implementing a prediction framework for the nonsurgical patient flow in [HiX](#page-3-3) can provide the capacity managers with insight into the expected [LoS,](#page-3-0) as a result of which hospitals can better plan and manage their bed occupancy.

The central research question this research aimed to answer is: "Is it possible to predict a nonsurgical patient's length of stay, and which of the considered predictive models is the most

accurate?". In order to answer this central research question, several statistical- and machine learning models are considered, and their predictive performance is evaluated based on different performance measures. First, an initial analysis using linear regression models and a duration model is performed to derive the most determining factors for the [LoS](#page-3-0) of nonsurgical patients. After that, it is evaluated whether the considered models are able to accurately classify the admissions in short, medium, and long [LoS.](#page-3-0) As this does only provide a 'rough' estimate of the [LoS,](#page-3-0) predicting the [LoS](#page-3-0) is also examined as a regression problem. For the predictive model that is most suitable for a practical implementation in [HiX](#page-3-3) diagnostics about the predictions are presented, and it is derived by applying the method of [SHAP](#page-4-4) which explanatory were the most important for constructing the predictions of this model.

The estimation results of the linear regression models and the duration model show that the admission type and the assigned specialism can explain a large part of the [LoS](#page-3-0) of nonsurgical patients. In addition, the number of mutations, which represents the number of changes during an admission, has an impact on the [LoS.](#page-3-0) Therefore, it is concluded that the admission type, the assigned specialism, and the number of mutations are determining factors for the [LoS](#page-3-0) of nonsurgical patients. The total number of mutations that have occurred is only known after the patient has been discharged. As a result, it was not possible to include this factor as an explanatory variable in the predictive models.

Based on the results it is concluded that it is possible to predict the [LoS](#page-3-0) for a large part of the nonsurgical patient flow. However, for a small part of the nonsurgical admissions it is not possible to accurately predict the [LoS.](#page-3-0) The classification results showed that the models were incapable of detecting the admissions with a long [LoS.](#page-3-0) From the regression results it became clear that the prediction deviation in absolute terms was the largest for the long [LoS](#page-3-0) class. These results indicated that there are probably certain factors that are not included as explanatory variable in the predictive models, which makes a longer [LoS](#page-3-0) generally unpredictable.

The machine learning models [RF,](#page-4-0) [XGBoost,](#page-4-1) and [SVM](#page-4-2) are substantially better able to predict the [LoS](#page-3-0) than the considered statistical models. Despite the fact that the statistical models generally provide more interpretation, these machine learning models should be preferred due to their predictive power. The [XGBoost](#page-4-1) model is considered to be the most suitable for a practical implementation in [HiX.](#page-3-3) This model was the most accurate in classifying the [LoS.](#page-3-0) [SVM](#page-4-2) was a little more accurate than [XGBoost](#page-4-1) in regression. However, the fact that [XGBoost](#page-4-1) requires less computation time than [SVM](#page-4-2) and offers more flexibility by having multiple hyperparameters that can be tuned, has led this research to recommend [XGBoost](#page-4-1) to ChipSoft for a practical implementation in [HiX.](#page-3-3)

Despite the strong aspects of this research, this research also has some limitations. The grid search that is used for tuning the hyperparameters of the machine learning models is relatively limited. A more extensive grid search could probably lead to better hyperparameters, which can improve the overall performance of the models. The fact that the bed type is not consistently indicated for each patient in [HiX,](#page-3-3) necessitated the assumption that a patient would only have been assigned to a bed if they had a [LoS](#page-3-0) of at least one hour. As a result, it cannot be stated with certainty that all patients considered in this research were actually assigned to a bed. It was not possible to include the urgency of the admission and/or a possible first impression of the severity of the patient's condition as an explanatory variable in the predictive models. Most of the information contained in the medical record of a patient in [HiX](#page-3-3) is described in words. This is beneficial for the communication between the doctors and nurses, because it can provide additional clarity regarding the admission. However, this makes it challenging to incorporate certain information that may be of importance for explaining a longer [LoS,](#page-3-0) and that might have been already known at time of admission, into a predictive model as explanatory variable.

For further research, it could be interesting to consider a simulation model where the [LoS](#page-3-0) prediction is adjusted when a mutation, i.e. a change in the admission, occurs. This way, it could be possible to include additional information that becomes known during the admission in the prediction framework. In addition, this allows for a [LoS](#page-3-0) prediction that is conditional on the [LoS](#page-3-0) of the current admission so far. As the considered models are incapable of predicting the [LoS](#page-3-0) of patients that stay for a longer period of time in the hospital, it could be of interest to evaluate the effect of oversampling. However, this is probably accompanied by a worse overall performance, and this causes the data to no longer be representative of the original sample.

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A Estimated coefficients Cox's proportional hazards model

As the assumption of Cox's [PH](#page-4-3) model does not hold, the estimated coefficients by this model are incorrect. As a result, the estimated coefficients by Cox's [PH](#page-4-3) model are not presented in the main research and Cox's [PH](#page-4-3) model is also not used to construct [LoS](#page-3-0) predictions. Table [13](#page-50-2) shows both the coefficients estimated by the parametric model using the log-logistic distribution and the estimated coefficients of Cox's [PH](#page-4-3) model. The coefficients of the duration model using the log-logistic distribution were already presented in Table [7](#page-31-0) of Section [5.1.2](#page-29-0) in the main research. By also showing the estimated coefficients of the duration model using the log-logistic distribution in Table [13,](#page-50-2) it is possible to directly deduce how the estimated coefficients by Cox's [PH](#page-4-3) model relate to the coefficients of the duration model using the log-logistic distribution. It directly stands out in Table [13](#page-50-2) that the coefficients estimated by Cox's [PH](#page-4-3) model and the parametric model using the log-logistic distribution have opposite signs. This can be explained by the fact that the coefficients have a different interpretation in these models. In Section [4.1](#page-16-1) of the main research, it is mentioned that the exponent of an estimated coefficient by Cox's [PH](#page-4-3) model represents the effect of an increase in an explanatory variable on the hazard rate. In case of the duration model using the log-logistic distribution, the estimated coefficients represent the effect of the explanatory variables on the log of the scale parameter. As a result, a positive coefficient leads to a decrease in the hazard rate for the duration model using the log-logistic distribution, while in case of Cox's [PH](#page-4-3) a positive coefficient represents an increase in the hazard rate. Note that Cox's [PH](#page-4-3) model does not contain an intercept, because the baseline hazard rate takes the place of it. In case of Cox's [PH](#page-4-3) model, the baseline hazard includes all elements of the hazard that do not depend on the explanatory variables, including any intercept term, which remains constant for all observations by definition.

		Model
Variable	Log-logistic	Cox's PH
Intercept	$0.502~(0.009)$ ***	
Known at time of admission		
Age	$0.005(0.000)$ ***	$-0.007(0.000)$ ***
Is man	$0.006~(0.003)*$	-0.028 (0.004) ***
<i>Admission type</i>		
Day admission		
Clinical admission	$1.996(0.006)$ ***	$-2.639(0.011)$ ***
Observational admission	$0.851(0.009)$ ***	-1.057 (0.013) ***
Polyclinical admission	$-0.835(0.005)$ ***	$2.547(0.009)$ ***
Specialism		
Cardiology (CAR)		
Dermatology (DER)	0.496(0.329)	$-0.294(0.378)$
Geriatrics (GER)	$1.128~(0.014)$ ***	$-1.320(0.019)$ ***
Internal medicine (INT)	$0.549~(0.006)$ ***	$-0.471(0.008)$ ***

Table 13: Estimated coefficients by a duration model assuming the log-logistic distribution and Cox's [proportional hazards \(PH\)](#page-4-3) model.

Note. Standard errors are in parentheses; * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$

B Hyperparameter tuning

In Section [4.2.3](#page-23-0) of the main research it is stated that the hyperparameters for the machine learning models are tuned by performing a grid search using stratified k-fold cross-validation. This section presents the grids that are used for tuning each model for both classification and regression. For each model, it is discussed which hyperparameters are tuned and it is presented which values for these hyperparameters are found as the best. If there are multiple hyperparameters tuned in a model, the evaluated values and a short description for each hyperparameter are shown in a table. In these tables, the best found hyperparameters in classification are presented in bold, and the best hyperparameters in regression are underlined.

Random Forest. As became clear earlier in Section [4.2.2](#page-21-0) of the main research, [RF](#page-4-0) uses a bagging scheme to select a random subset of variables for each bootstrap sample in order to ensure that the trees do not become correlated. The hyperparameter that is tuned for [RF](#page-4-0) is the number of variables that is included in the random subset of variables. Including the admission types and specialisms, the total number of explanatory variables is equal to 31. For classification, it is evaluated which value of the set $\{1, 2, 3, 5, 10, 15, 20, 25, 30, 31\}$ is the best number of variables to be included in the random subset by [RF.](#page-4-0) In case of regression, [RF](#page-4-0) requires more memory and computation time compared to classification. This is due to the fact that [RF](#page-4-0) needs to store and compute the average of the target values at each leaf node in case of regression, while the algorithm only needs to store the majority vote counts at each leaf node of the trees when it is used for classification. Hence, to reduce the computation time of tuning the hyperparameters for [RF](#page-4-0) in case of regression, a smaller set of values for the number of variables to be included in the random subset is considered. For regression, it is examined which value of the set $\{1, 2, 3, 5, 10, 15\}$ is the best. For both classification and regression, the number of trees is held constant at 500. In case of classification, the best found number of variables to be included in the random subset is equal to 5. Also for regression the best value for this hyperparameter is 5.

eXtreme Gradient Boosting. Table [14](#page-52-1) shows the tuned hyperparameters for [XGBoost.](#page-4-1) The maximum depth of the tree, max_{depth} , determines how many splits a decision tree in [XGBoost](#page-4-1) can have. Higher values of max depth make the [XGBoost](#page-4-1) model more complex and more likely to overfit. The learning rate is controlled by eta, as it scales the contribution of each tree when it is added to the current approximation. Lower values of eta make [XGBoost](#page-4-1) more robust to overfitting, but this is accompanied by more computation time. In addition, eta controls the number of boosting iterations to be performed by [XGBoost,](#page-4-1) where lower eta values imply more boosting iterations. The hyperparameter gamma represents the minimum loss reduction needed to create an additional split on a leaf node in the decision tree. A higher gamma value makes the [XGBoost](#page-4-1) algorithm more cautious about making new splits. The subsample ratio of the training data is represented by subsample. Lower values for subsample prevent overfitting and lead to shorter computation times.

Hyperparameter	Description	Evaluated values
max_depth	Maximum tree depth	3, 6, 9, 12
eta	Shrinkage	0.01, 0.05, 0.1, 0.3
gamma	Minimum loss reduction	0, 0.1, 0.2
colsample_bytree	Subsample ratio of columns	
min_child_weight	Minimum sum of instance weight	
subsample	Subsample percentage	0.5, 1

Table 14: Short description and evaluated values for each tuned hyperparameter in [eXtreme](#page-4-1) [Gradient Boosting \(XGBoost\).](#page-4-1)

Note. The best found hyperparameters for [XGBoost](#page-4-1) in classification are presented in bold, and the best hyperparameters in regression are underlined.

Recurrent Neural Network. The tuned hyperparameters for the [RNN](#page-4-5) are shown in Table [15.](#page-53-1) The hyperparameter units represents the number of neurons in each recurrent layer. A higher value for the number of units increases the model its capacity to learn complex relationships, but leads to more computation time and increases the risk of overfitting. The *dropout_rate* represents the fraction of input units to drop. Properly tuning this hyperparameter prevents the model from becoming too reliant on specific neurons. The *learning rate* determines the step size of the optimizer in each iteration while moving towards a minimum for the loss function. Lower values for the learning rate lead to slow convergence, while higher values can cause the model to converge too quickly to a suboptimal solution or even diverge.

Table 15: Short description and evaluated values for each tuned hyperparameter in the [Recurrent](#page-4-5) [Neural Network \(RNN\).](#page-4-5)

Hyperparameter Description		Evaluated values
units	$#$ Neurons in each recurrent layer	50, 100, 150
dropout_rate	Fraction of the input units to drop $\,0, 0.1, 0.2, 0.4$	
learning_rate	Step size of the optimizer	0.001, 0.01, 0.1

Note. The best found hyperparameters for the [RNN](#page-4-5) in classification are presented in bold, and the best hyperparameters in regression are underlined.

Support Vector Machine. As mentioned earlier in Section [4.2.2](#page-21-0) of the main research, the Gaussian radial basis function is used as kernel in [SVM.](#page-4-2) The hyperparameter sigma represents the inverse kernel width. Lower values of sigma make the kernel more narrow, which causes the model to be more sensitive to individual data points. This leads to a more complex decision boundary that can capture more detailed relationships between the variables. However, this increases the risk of overfitting, because the model could become too sensitive to noisy data points. Likewise, a higher value of sigma leads to a wider kernel function, and makes the model less sensitive to individual data points. As a result, the model is more focused on capturing the overall trend of the data. Using a wider kernel reduces the risk of overfitting, but it can also lead to underfitting, as the model could become too simple to capture the most important relations in the data. An interval of possible values for sigma is estimated based on the complete training set. Any value between the two boundary values should produce good results, and therefore the middle value between the two boundary values is selected as the sigma value. The selected value of sigma, in both classification and regression, is equal to 0.02191.

In case of the regression problem, [SVM](#page-4-2) contains an additional hyperparameter, *epsilon*, which represents the maximum deviation of the fitted function from the actual target values. Larger values of epsilon make [SVM](#page-4-2) less sensitive to small errors, which leads to a simpler model that could possibly generalize better to unseen data. For smaller epsilon values, the model tries to fit the training data more precisely. This leads to a more complex model that fits the training data very well, but this causes an increased risk of overfitting and performing poorly on new data. In this research, the value for epsilon is held constant at 0.1.

The hyperparameter C is the cost regularization parameter, which controls the smoothness of the fitted function. A lower value for C leads to a smoother decision boundary, allowing some misclassifications. This makes the model more robust to outliers, but it could also lead to underfitting if the value for C is too low. Higher values of C put more emphasis on minimizing the training error, as a result of which the fit to the training data is 'tighter'. This means that fewer margin violations are allowed, potentially leading to a more complex model. While

this can reduce training error, it increases the risk of overfitting, especially if the training data contains noise. For classification, it is evaluated which value of the set $\{0.125, 0.25, 0.5, 1, 2\}$ is the best value for C. As stated earlier in Section [4.2.2](#page-21-0) of the main research, the resulting [QP](#page-4-6) problem in case of regression contains additional variables and constraints compared to the classification problem, which makes the model more complex. As a result, [SVM](#page-4-2) requires more computation time compared to classification. Therefore, in order to reduce the computation time of tuning the hyperparameters for [SVM](#page-4-2) in case of regression, the set of evaluated values for C is smaller. For the regression problem, it is examined which value of the set $\{1, 2\}$ is the best value for C. The best value for C in case of classification is equal to 2, and for regression the best value for C is also 2.

C Prediction diagnostics Random Forest and Support Vector Machine

As already stated in Section [5.2.2](#page-35-0) of the main research, the [XGBoost](#page-4-1) model is recommended to ChipSoft for a practical implementation in [HiX.](#page-3-3) In Section [5.3](#page-38-0) of the main research, it was chosen to present only the prediction diagnostics of the most accurate statistical model and the machine learning model that is best suited for a practical implementation, namely the linear regression model using the log [LoS](#page-3-0) as dependent variable and [XGBoost,](#page-4-1) respectively. [SVM](#page-4-2) performed better than [XGBoost](#page-4-1) in regression, and [RF](#page-4-0) achieved a performance similar to [XGBoost.](#page-4-1) Hence, for reference, the prediction diagnostics of [RF](#page-4-0) and [SVM](#page-4-2) are shown here, because it could still be of interest for both ChipSoft and possible other research purposes.

Table [16](#page-54-2) shows the percentages of predictions by [XGBoost,](#page-4-1) [RF,](#page-4-0) and [SVM](#page-4-2) for which the absolute prediction deviation is smaller than a certain value. It becomes clear that the percentages of [RF](#page-4-0) and [SVM](#page-4-2) are comparable to those of [XGBoost.](#page-4-1) The percentages of predictions where the absolute prediction deviation is 2 hours or smaller is a little lower for [SVM](#page-4-2) than the respective percentages of [XGBoost](#page-4-1) and [RF.](#page-4-0) However, the percentage of predictions that have an extreme prediction deviation is lower for [SVM,](#page-4-2) because the percentage of predictions where the absolute prediction deviation is 168 hours or smaller is 97.71% for [SVM,](#page-4-2) which is higher than the respective percentages of [XGBoost](#page-4-1) and [RF.](#page-4-0)

Table 16: Percentages of predictions by [eXtreme Gradient Boosting \(XGBoost\),](#page-4-1) [Random Forest](#page-4-0) [\(RF\),](#page-4-0) and [Support Vector Machine \(SVM\)](#page-4-2) for which the absolute prediction deviation is smaller than a certain value.

Figure [4](#page-55-2) shows the histograms of the deviation from the actual values for the predictions by [RF](#page-4-0) and [SVM.](#page-4-2) These histograms have a similar shape to the histogram of the deviation from the actual values for the predictions by [XGBoost](#page-4-1) presented by Figure [2](#page-41-1) in Section [5.3](#page-38-0) of the main research. This is not unexpected, because the percentages of predictions by [RF](#page-4-0) and [SVM](#page-4-2) for which the absolute prediction deviation is smaller than a certain value, as shown in Table [16,](#page-54-2) are also fairly similar to the respective percentages of [XGBoost.](#page-4-1)

Figure 4: Histograms of the deviations from the actual values for the predictions by [Random](#page-4-0) [Forest \(RF\)](#page-4-0) and [Support Vector Machine \(SVM\).](#page-4-2)

D Switched hyperparameters

In this research, the hyperparameters are tuned by using stratified 5-fold cross-validation over the training set. The best hyperparameters over the five folds are used as hyperparameters for testing. It is not necessarily the case that the best found hyperparameters over the training set are also the best for the test set [\(Weerts et al., 2020\)](#page-49-8). In addition, it is possible that the best hyperparameters for classification and regression are not the same. Therefore, it is evaluated whether the performance of the machine learning models can change when the best hyperparameters for regression are used in classification, and vice versa. For both [RF](#page-4-0) and [SVM](#page-4-2) the best found hyperparameters for classification were the same as for regression. Hence, only for [XGBoost](#page-4-1) and the [RNN](#page-4-5) the hyperparameters for classification and regression are switched.

Table [17](#page-55-3) shows the classification performance of [XGBoost](#page-4-1) and the [RNN](#page-4-5) when the best found hyperparameters for regression are used. From this table it becomes clear that the [XGBoost](#page-4-1) achieves a lower overall accuracy than when the best found hyperparameters for classification are used. The [RNN](#page-4-5) obtains the same overall accuracy as when using the best found hyperparameters for classification. The [RNN](#page-4-5) is able to detect more observations belonging to the medium [LoS](#page-3-0) class. However, this is accompanied by the fact that fewer observations are correctly classified as having a short or long [LoS.](#page-3-0)

	Performance			LoS class	
Model	measure	Total	Short	Medium	Long
	Accuracy	83.22%			
XGBoost	Precision			98.56\% 61.77\%	59.57%
	Recall			91.20% 92.08%	17.92%
	Accuracy	82.61%			
RNN	Precision		97.96\%	62.30%	48.96%
	Recall		90.74%	90.46%	18.76%

Table 17: Classification performance of [eXtreme Gradient Boosting \(XGBoost\)](#page-4-1) and the [Recur](#page-4-5)[rent Neural Network \(RNN\)](#page-4-5) where the best found hyperparameters for regression are used.

Table [18](#page-56-1) presents the regression performance of [XGBoost](#page-4-1) and the [RNN](#page-4-5) where the best found hyperparameters for classification are used. [XGBoost](#page-4-1) performs worse than when the best found hyperparameters for regression are used. It is striking that the [RNN](#page-4-5) performs better using the best found hyperparameters for classification. Although the difference in performance with respect to using the best found hyperparameters for regression are not substantial, it is still notable. This result emphasizes that it is not necessarily the case that the best found hyperparameters over the training set are also the best for the test set. It is not necessarily unexpected that the best found hyperparameters for the [RNN](#page-4-5) in classification achieve similar results as when the best found hyperparameters for regression are used. The combination of hyperparameters that was best for classification achieved an average [MAE](#page-3-24) over the five folds that was only slightly higher than the [MAE](#page-3-24) of the hyperparameter combination that was selected as the best for regression.

Table 18: Regression performance of [eXtreme Gradient Boosting \(XGBoost\)](#page-4-1) and the [Recurrent](#page-4-5) [Neural Network \(RNN\)](#page-4-5) where the best found hyperparameters for classification are used.

	Performance			LoS class	
Model	measure	Total	Short	Medium	Long
XGBoost	MAE	20.69	2.97	20.90	120.26
	WAPE	63.10\%	82.17%	51.25%	67.09%
RNN	MAE	21.51	3.41	21.26	124.27
	WAPE	65.60%	94.32\%	52.15\%	69.32%

Note. The [length of stay \(LoS\)](#page-3-0) classes are the actual classes.